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Abortion protest law upheld

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A law banning protesters outside abortion clinics was upheld by the B.C. Court of Appeal yesterday after two pro-life advocates argued the law violated their freedom of expression.

Joyce Arthur, with the Pro-Choice Action Network in Vancouver, said the pro-choice community is "relieved" by the ruling.

"Women are vulnerable to the emotional and physical trauma of being confronted by protesters (outside abortion clinics)," she said.

"(The ruling) protects women and staff while (letting) protesters publicize their message across the street."

Cheryl Davies, vice president of the B.C. Women's Ambulatory Programs, said it upholds the rights of women to be treated in a "courteous and dignified manner."

"Imagine being a woman already feeling vulnerable and alone and embarrassed," she said. "Having to run a gauntlet of strangers yelling and calling you a murderer."

The case dates back to 2000, when two anti-abortion activists were convicted under the Access To Abortion Services Act, which established a buffer zone around abortion clinics preventing protesters from intimidating or blocking women and staff.

Donald Spratt and Gordon Watson were arrested for picketing outside the Everywoman's Health Centre in Vancouver.

The men appealed the case in 2004, arguing that the act violated their freedom of expression.

Watson told CBC News yesterday that the court's decision ultimately says British Columbians don't have free speech.

Spratt added that the province has a two-tier system of justice, and that (pro-lifers) and unborn children have fewer rights.

In a written ruling, Justice Catherine Ryan said the objective of the Act "is sufficiently important to justify a limitation on the way in which freedom of expression is exercised in an area adjacent to the facilities providing abortion services."

Provincial Act

- The Access To Abortion Services Act was passed after an abortion doctor, Garson Romalis, was shot in his Vancouver home in 1994.
- B.C. is the only province in Canada to have the law.

ShareYourViews
vancouverletters@metronews.ca

Tories take big lead in newest polling

UPCOMING ELECTION The Conservatives have opened up a big lead in public support and could conceivably win a majority in an election set to be called this Sunday, a new poll said yesterday.

Prime Minister Stephen Harper is meeting Gov. Gen. Michaëlle Jean on Sunday at 6 a.m. to ask her to dissolve Parliament. An election would then be held on Oct. 14.

Stephen Harper

It could well lead to a majority government as 38 per cent of Canadians said they would support the Conservatives in a survey by Environics for the CBC.

Stéphane Dion

The Liberals are far behind at 28 per cent — 2 per cent less support than they enjoyed in a poll by the same firm released July 16.

The survey also placed the NDP at 19 per cent support and the Greens at 7 per cent.

Parties usually require around 40 per cent of the popular vote to gain a majority of the 308 seats in Parliament.

The poll of 2,505 people is accurate to within 2 percentage points, 19 times out of 20. REUTERS

Results

- Environics said 39 per cent of Canadians said Harper would make the best prime minister, compared to just 13 per cent who opted for Dion.

JEFF HODSON/METRO VANCOUVER

Trevor Linden at GM Place yesterday after the Vancouver Canucks announced that his No. 16 would be retired on Dec. 17.

Linden humbled to 'belong in the rafters'

JEFF HODSON
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Trevor Linden's No. 16 will be retired and will hang from the rafters of GM Place, the Vancouver Canucks announced yesterday.

Linden's is only the second jersey retired by the franchise and will be raised beside Stan Smyl's No. 12. The jersey-raising ceremony will be held Dec. 17 when the Canucks play the Edmonton Oilers.

Canucks president Chris Zimmerman said Linden's character, passion and loyalty embody the qualities that the franchise strives for.

"I think both (Linden and Smyl) have meant so much, not only to this organization, but to the entire community in Vancouver and throughout the entire province."

Linden captained the team for seven years and spent 16 of 19 years in the NHL in a Canucks' uniform.

The 38-year-old said he was humbled, grateful and honoured to have his jersey retired.

"When I first came into the league … I would look up in the rafters to see what's up there," said Linden at a press conference yesterday. "Twenty years later I was still doing that just to look at the banners.

"It means as much as anything that the organization would feel that I belong in the rafters. It's very special and kind of unreal. It's very cool."

All-time leader

- Linden retired this summer. He is the Canuck's all-time leader in games played (1140) and assists (415) and is second to Markus Naslund in goals (318) and points (733).

World page 8

McCain pans partisanship

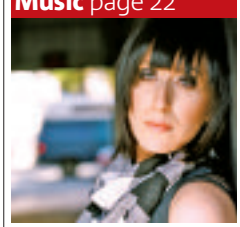
UrbanFoodie pg 26

Medina Café funky, cool

Celeb page 30

Anne spent big bucks on ex

Music page 22



Nat Jay at the Media Club

Please recycle

Free Daily News Group Inc., operating as Metro Vancouver Newspapers 1190 Homer Street, Suite 250, Vancouver, B.C. V6B 2X6. Publisher: Maryse Lalonde

Contract awarded to remove fuel truck from orca sanctuary
A Dutch company was awarded a contract to recover a fuel truck loaded with 10,000 litres of diesel from Robson Bight, an important orca sanctuary off Vancouver Island's east coast. **CBC.CA/BC**

Local

UBC rooms still not ready

Some UBC students have to couch-surf until mid-month while waiting for campus rooms to be completed. More than 200 students were sent e-mails regarding the delay and are being offered a two-week refund on rent. CBC NEWS ONLINE

Security eyes transit butt-ins

RUSH HOUR TransLink added extra security officers at Broadway Station to stop queue jumpers during the morning rush hour yesterday.

Passengers complained of people butting their way onto buses as boarding times reached 20 minutes during the morning commute, CBC News Online reports.

A dozen transit police and security guards were added to existing officers to maintain order at the busy hub.

People heading to UBC lined up for 100 metres yesterday to catch the 99B-Line rapid bus along Broadway at Commercial Street.

Commuter Patrick Saurio-l said it is frustrating to wait 20 minutes to get on a bus, only to miss it after someone jumps ahead of you. **METRO VANCOUVER**

News in brief

MISSING A 16-year-old student from China who went missing hours after arriving in Vancouver is the fourth to disappear from the same school, CBC News Online reports. Vancouver police Const. Tim Fanning said their parents are not concerned and that the students may have used the school as an excuse to get into Canada.

RESCUER A man who saved a woman and her granddaughter from drowning in a Washington State river has been identified, cknw.com reports. Buddy Bhandar, 53, of Shawnigan Lake, B.C., rescued the pair from the Wenatchee River on Aug. 8. **METRO NEWS SERVICES**

Work begins on B.C. Place

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Work has begun on a massive series of upgrades and renovations to B.C. Place, including an external and internal facelift to modernize the stadium ahead of the 2010 Games.

The renovations will culminate in the installation of a new retractable roof in the summer of 2011.

In May, Premier Gordon Campbell announced an investment of $65 million to the 25-year-old stadium, which is home to the B.C. Lions and will soon house the Vancouver Whitecaps.

Bill Bennett, minister of tourism, culture and arts, said yesterday the facelift will "make it brighter and more contemporary."

"The first phase started (Wednesday)," he said, adding that the work includes updating signage and graphics, and upgrading public common areas and concessions areas.

There will be B.C. themes throughout the building, with wood highlights to try to make the concrete stadium warmer.

The second phase will be structural upgrades to accommodate a state-of-the-art retractable roof, which will replace the current air-supported dome for the third and final phase.

B.C. Place will be hosting the opening and closing ceremonies, but Podmore said this work would have been done regardless.

RAFE ARNOTT/METRO VANCOUVER

David Podmore, chair of the B.C. Pavilion Corporation, listens as $65 million in upgrades are announced at B.C. Place yesterday.

Energy-efficient

- The building will be more energy-efficient, and will save $600,000 to $700,000 a year by removing the inflatable roof alone.

Medical reasons keep driver out of court

IRVING The driver of the pickup truck that slammed into a Maple Ridge sushi restaurant, killing two women, had his preliminary court appearance postponed for the second time yesterday because of undisclosed medical concerns.

Brian Craig Irving is charged with two counts of second-degree murder and six counts of attempted murder after plowing his truck into Halu Sushi on Aug. 28.

"Unfortunately, due to (Irving's) medical condition, we have been advised that he is not medically stable and cannot be released by the hospital," Crown attorney Susan McCallum told journalists outside the Port Coquitlam provincial courthouse.

She said the 51-year-old Maple Ridge man was now scheduled to appear this morning and reiterated that his medical problems were not the result of a suicide attempt.

Irving's lawyer, John Conroy, provided no additional information, adding that he had yet to meet his client or receive instructions.

Maija-Liisa Corbett, 19, and Hyeshim Oh, 46, were killed and six others injured in the incident.

The owner of Halu Sushi is so distraught that he had a nervous breakdown earlier this week and was briefly admitted. **ROB ANNANDALE/ FOR METRO VANCOUVER**

ShareYourViews
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Brother-in-law of slain woman files suit against cops

LAWSUIT The brother-in-law of a Surrey woman allegedly murdered in 2006 is suing 27 people, including RCMP officers and four crown prosecutors.

Sukhvinder Panghali, 27, is the younger brother of Mukthiar Panghali, the man accused of second-degree murder in the death of his wife, Manjit Panghali.

He is suing for false arrest, false imprisonment, libel, slander and malicious prosecution related to the death.

Sukhvinder was originally charged with being an accessory after the fact to the murder and with interfering with a dead body.

All charges against him were later dropped, but not before it adversely affected his job.

Vancouver International Airport, where he worked as an airline mechanic, revoked his security clearance due to the case's publicity. The airport is also named in the suit. **METRO VANCOUVER**

metronews.ca
What's online today.

Watch as thousands of soldiers line the tarmac in Kandahar to salute three fallen comrades, and a report into the Dawson College shootings that calls for a ban on assault rifles
Read our Urban Foodie's blog on B.C.'s blueberry season

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Vancouver gets ready for civic election
Vancouver's Non-Partisan Association officially opened their campaign headquarters on the corner of Cambie and West Broadway last night. METRO VANCOUVER

Cancer walk provides support for family

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For the past three years Kelly Sherlock and her family participated in the Weekend To End Breast Cancer walk to support Sherlock's sister, Joanne Condon, who was battling breast cancer.

KELLY SHERLOCK/SPECIAL

Joanne Condon

Tomorrow they walk for healing.

Condon was 39-years-old when she was diagnosed with breast cancer and battled the disease for six years before dying in March.

"I know that this year will be harder, but at the same time it's such a feeling of support, such a strong sense of belonging that I think it'll be OK and will possibly be healing," Sherlock, who lives in Deep Cove, said yesterday.

"We walk, obviously for my sister, but I have three daughters and my sister has a daughter and that's who we walk for, for the future."

For the first time, the younger members of the family will get the chance to join in, by participating in tomorrow's inaugural Kid's K walk.

Sherlock said her children are learning compassion and that they can make a difference, adding that her daughter and niece have asked for donations instead of birthday presents.

"They've watched this whole thing (with their aunt), feeling not a part of it, and (the kid's walk) really is something they can actually do that's theirs. And that's a pretty powerful thing for a child."

Weekend To End Breast Cancer

- The two-day, 60-kilometre walk begins tomorrow at 7:30 a.m. at Thunderbird Stadium and ends at the same place Sunday at 4 p.m.
- This year, Joanne's Team has raised $56,000.
- The KidsK 2.5 and five-kilometre walk raises money for pediatric oncology research at the B.C. Cancer Agency.
- Around 2,000 participants are expected to walk.

Sullivan proud to carry torch

PARALYMPICS Mayor Sam Sullivan was a tad anxious as he prepared to carry the torch in the final leg of the 2008 Paralympic torch relay through downtown Beijing today.

"Of course you are a bit nervous, think about how many millions of people are watching," said Sullivan in an e-mail earlier. "But more than anything I am proud to be representing our city and our country."

To carry the torch, Sullivan used the same holder that he used to wave the Olympic Flag in Turin in 2006.

He said it was important to take part in the relay because it promotes inclusion and awareness about the contributions that people with disabilities can make.

Sullivan isn't the only Vancouverite playing a prominent role as the 2008 Paralympic Games get underway.

Vancouver's Donovan Tildesly will carry Canada's flag into Beijing's bird's nest stadium tomorrow during the opening ceremonies.

Tildesly, 24, who suffers from a visual disability, is competing in his third Paralympics.

The eight-year veteran of the national swim team holds the world record in the men's 800-metre and 1,500-metre freestyle. He won two silver and two bronze medals at previous Paralympic Games.

Tildesly will lead 143 Canadian athletes into the stadium, 43 of whom are from B.C. JEFF HODSON/ METRO VANCOUVER

DAVID HUREORD/SPECIAL TO METRO VANCOUVER

Mayor Sam Sullivan shown carrying the torch in Paralympic relay in Beijing today.

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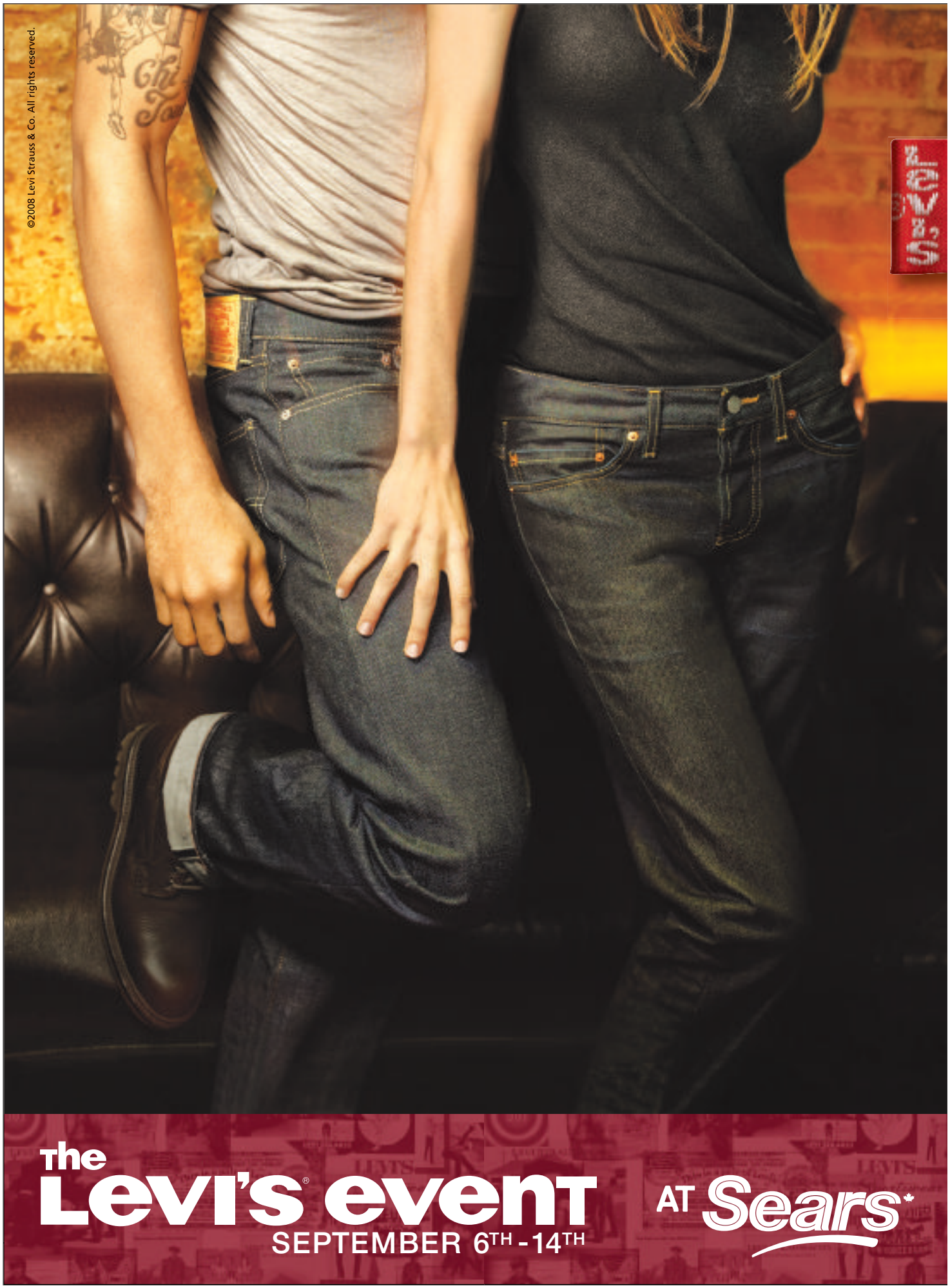
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Manitoba schools offering students money to attend class

Long Plain First Nation, a reserve west of Winnipeg where few students finish high school, is promising to pay students $50 a month for attending class and $1,000 for graduating. During the program's trial run, 50 students finished the entire year, compared to the usual 30. METRO CANADA

Canada

"That's what makes things possible ... the constant light."

Lucy Kuptana speaking about how her town, Inuvik, is converting an old hockey arena into a greenhouse.

Fresh food

Inuvik's annual mean temperature is -9.7 C, and the greenhouse is allowing many town residents to enjoy fresh, locally grown vegetables for the first time. REUTERS

Drugs can't cure cancer: Studies

If cancer can be beaten, it's unlikely that new drugs will be the champions.

That's the suggestion found in three, paradigm-shifting studies that show the disease is simply too genetically complex for any magic-bullet medicine to defeat, researchers say.

The studies, released yesterday by the world's two top scientific journals, provide the most detailed look yet at the genetic roots of two of the most deadly forms of the disease: pancreatic cancer and glioblastoma multiforme brain tumours.

therapeutics

- 99 per cent of applied cancer research now goes to developing new therapeutics the studies said.

The emerging map of these cancers suggest that the consuming search for drugs to cure cancer may well prove fruitless for most forms of the disease and that early diagnosis prevention and therapetics should be the main focus of research into the ailment.

"It is, I think, apparent from studies like ours that it is going to be even more difficult perhaps than previously expected to derive real cures from such (drug) therapies," said Dr. Bert Vogelstein, an author on two studies that appeared yesterday in the Journal Science.

TORSTAR NEWS SERVICE

No hearing into RCMP probe of Battershill

JEFF HODSON
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RULING There will not be a public hearing into the RCMP investigation of former Victoria police chief Paul Battershill, B.C.'s police complaint commissioner ruled yesterday.

In October, Commissioner Dirk Ryneveld ordered the RCMP to investigate professional misconduct allegations against Battershill made against him by senior Victoria police officers. The RCMP concluded that Battershill's personal relationship with a Victoria police service provider could give rise to an appearance of improper favouritism.

Cat-killing Alberta teens can't have pets: Judge

Animal rights activists are pleased that two Camrose, Alta., teens who cooked a cat to its death in a microwave during the Christmas holidays will be banned from owning a pet for the next two years.

Justice Shauna Miller also sentenced the pair to 100 hours of community service over the next 12 months, and banned them from playing or owning violent video games.

The pair, who pleaded guilty, must also talk with a forensic therapist and will be ordered to follow a 9 p.m. to 6 a.m. curfew each night for the next year, unless they are with a parent.

"In a sense, yes I am pleased, but they got almost as much as (the judge) could give them," said Tove Reece, a director with Voice For Animals, a local animal rights organization.

"In another sense, it seems like a really light sentence when you think about what these kids did."

According to an agreed statement of facts, the teens broke into a Camrose home through a basement window on Dec. 29, 2007, while the owners were on Christmas vacation. After vandalizing the home, they returned the next night, this time, placing the family's pet cat, Princess, in a microwave. Afterward, they wrote "You had a nice cat" and "It's in the microwave" on the walls.

JEFF CUMMINGS/METRO CANADA

Toronto film fest **Protesting cuts to the arts**

MARK BLINCH/REUTERS

Director and actor Paul Gross (second from left) poses for photographers in front of protesters voicing concerns over arts funding issues with the federal government at the gala for his film Passchendaele during the 33rd Toronto International Film Festival yesterday.

News in brief

PAY RAISES NDP house leader Mike Farnworth called on Premier Gordon Campbell yesterday to defend the pay hikes that were recently granted to the province's deputy ministers. METRO VANCOUVER

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2.4 million cases of cancer caused by tobacco use in five-year span

Tobacco caused 2.4 million cases of cancer in the U.S. from 1999 to 2004, researchers said yesterday. Lung and bronchial cancer made up nearly half, but larynx, mouth, stomach, pancreas, kidney, bladder, and cervix cancers were also linked, as well as leukemia. REUTERS

World

Readying for takeoff

NASA hauled the space shuttle Atlantis to its seaside launch pad yesterday, hoping a trio of tropical storms churning over the Atlantic Ocean will steer clear of the Kennedy Space Centre in Florida. The shuttle is being prepared for an early October launch to the Hubble Space Telescope. REUTERS

McCain: 'Change is coming'

Republican John McCain promised Americans yesterday that "change is coming" to Washington if he is elected president on Nov. 4 and he pledged to overcome partisan rancor by working with Democrats.

McCain accepted his party's presidential nomination in a packed hall, insisting he can pull off the kind of change that Democratic candidate Barack Obama talks about at a time when Americans are hungry for new leadership.

REUTERS/BRIAN SNYDER

John McCain

"Let me offer an advance warning to the old, big spending, do-nothing, me-first, country-second Washington crowd: change is coming," said McCain, a U.S. senator since 1986.

The 72-year-old Arizona senator, who bears the scars of 5 1/2 years as a Vietnam prisoner of war, entered the push to Election Day with most polls showing Democrat Barack Obama ahead by a few percentage points.

McCain, portrayed as no different than unpopular President Bush by Democrats, tried to reclaim his image as a Republican maverick in hopes of attracting key independent voters.

"I don't work for a party. I don't work for a special interest. I don't work for myself. I work for you," he said. REUTERS

Hard act to follow

- More than 37 million U.S. TV viewers tuned in to Sarah Palin's nomination acceptance speech Wednesday, just shy of the record set by Barack Obama's address to the Democratic convention last week.

New York **Virgin voyage**

REUTERS/CHIP EAST

Virgin founder and chairman Richard Branson and his daughter Holly sail on the boat Virgin Money as it goes out for a sea trial in New York harbor near the Statue of Liberty yesterday.

U.S. mounts Pakistan strike

RAID U.S. commandos attacked an al-Qaeda target in Pakistan this week in an operation that could signal more intense efforts to thwart militants in Afghanistan, U.S. officials said yesterday. Pentagon officials said the raid aimed to disrupt militant safe havens that are harbouring recruitment and training operations, which grow stronger as Pakistan's military pressure lessens. The raid spawned a furious response from Pakistan's government. REUTERS

News in brief

AFGHANISTAN A French magazine published photos of Taliban fighters with weapons and uniforms they had taken from the bodies of 10 French soldiers killed in an Aug. 18 ambush. The spread has drawn fire from politicians and families of the fallen men.

ISRAEL Israeli police are likely to recommend on Sunday indicting Prime Minister Ehud Olmert on corruption charges. Police believe that Olmert illegally received money from a U.S. businessman and made duplicate claims for travel expenses. REUTERS

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Experts offer scaled-back forecast for rising waters
Global warming may cause worldwide sea levels to rise by 2.6 to 6.6 feet by 2100, but more dire predictions seem unrealistic, scientists said. REUTERS

Genes the key to curing AIDS?

The AIDS virus is especially hard to fight because few people develop antibodies to neutralize it, but U.S. researchers said yesterday they have found an immunity gene that may offer a new way to fight back.

They said the gene Apobec3 helps mice develop antibodies against an HIV-like virus, and they think the same gene in humans could lead to a potent vaccine against HIV. So far, efforts to make an HIV vaccine have failed.

In humans, HIV devotes one of its genes to disabling Apobec3 proteins, which may explain why people with HIV rarely make antibodies against the virus. HIV is a retrovirus, meaning it copies bits of its own genetic code into the DNA of the host.

"If we could prevent HIV from destroying this key pivotal host factor, we might allow HIV-infected patients to develop neutralizing antibodies like they do in mice," said Dr. Warner Greene, of the Gladstone Institutes at the University of California, San Francisco. REUTERS

Death toll

- The AIDS virus infects an estimated 33 million people globally and has killed about 25 million since the virus emerged in the 1980s.

Enviro-nightclub makes its launch in the Netherlands

ROTTERDAM A club where dancers generate power to light the floor, drinks come in recyclable cups and toilets flush with rain water opened in the Netherlands on Thursday, hoping to lure eco-conscious clubbers.

Rotterdam's WATT is designed to save about 30 percent on energy and carbon emissions and 50 percent on water and waste.

WATT's main showpiece is a dance floor on which the disco lights become more dynamic as more people moved. In the bathrooms, you'll find what the designers call a "pee experience", as you watch rain water from the roof travel through transparent pipes when you flush. REUTERS

Nepal **Hindu women celebrate**

SHRUTI SHRESTHA/REUTERS

Hindu women perform rituals before taking a holy bath at the Bagmati River in Kathmandu for the Teej Festival. Married women celebrate for the long life and happiness of their husbands while the unmarried ones wish for a good husband.

EU considers Georgia monitors

AVIGNON European Union foreign ministers will discuss today the launch of a civilian monitoring mission in Georgia, with the aim of getting personnel on the ground as soon as possible.

The plan is vital to Western efforts to convince Russia to withdraw from its small ex-Soviet neighbour, whose army Moscow crushed last month after Tbilisi's effort to win back the breakaway Georgian region of South Ossetia.

"The aim is for the EU mission to go as soon as it can," said one EU official before the meeting in the French city of Avignon. The official added that a decision to deploy 200-plus personnel could be taken in about week after French President Nicolas Sarkozy returns from Moscow.

France brokered a deal to end the war last month, but Moscow has since defied the West by leaving troops in strategic "security zones". The EU argues that increasing monitors would mean Moscow could no longer keep its troops in those areas, and would accept international talks on a new security blueprint for the rebel regions.

But officials acknowledge that Russia's response is uncertain, and that the plan could hang on Sarkozy's trip on Monday to urge Moscow to pull troops back to pre-conflict lines. The EU hopes for a decision by Sept. 15.

Russia's presence in Georgia and its recognition of the breakaway regions' independence have strained ties with the West, and underlined the limited leverage of the EU and United States in the stand-off. REUTERS

More steps for the European Union

- Among the measures to aid Georgia up for discussion at an emergency EU summit on Monday are relaxation of visa regulations for Georgians and further steps to deepen EU-Georgia ties, including a pact to free up trade.

News in brief

ARGENTINA Furious rail commuters in Argentina set fire to a train yesterday in anger over delays during the morning rush hour. Black smoke and flames engulfed a train at Merlo station, located in the western suburbs of Buenos Aires. At nearby Castelar, passengers hurled stones at the ticket office and blocked the rails. Argentina's dilapidated rail system is plagued by delays, and passengers' rage has erupted into violence in the past.

HAITI Survivors of Tropical Storm Hanna crowded shelters in the port city of Gonaives yesterday. Torrential rains submerged Gonaives under 2 metres of water. At least 136 people died in the floods and mudslides triggered by the storm. REUTERS

Business

National food price wars are over: Analyst

REPORT Despite advertising meant to convince consumers otherwise, food prices are taking a bigger bite out of consumers' wallets as higher prices for some foods more than offset the savings on others, Perry Caicco, a research analyst at CIBC World Markets, wrote in a note to clients this week.

"This does not mean the industry will be less price competitive."
Perry Caicco

"The national (food) price wars are over," Caicco declared in a 21-page report on the state of the food industry and, in particular market leader, Loblaw Cos. Ltd.

"This does not mean the industry will be less price competitive than before. Indeed ... strong flyers and sharp price points will continue," Caicco added.

But such campaigns are now more targeted, involve fewer items, and are less harmful to retailer's profit margins, Caicco noted.

Both major retailers named in the report, Loblaw and Wal-Mart Canada Corp., said later they continue to invest in prices and look for ways to pass on savings to customers. TORSTAR NEWS SERVICES

Bell upgrades to new Nortel tech

TELECOM BCE Inc's Bell Canada phone company unit has bought a new technology from Nortel Networks Corp that lets telecom firms quadruple the capacity of their networks, the companies said yesterday.

The technology delivers speeds of 40 gigabits per second — about four times faster than today's high-end networking speeds — over fiber-optic cables thinner than a human hair. REUTERS

In **brief**

REPORT Bombardier Inc. reported a stronger fiscal second quarter yesterday, as demand for its aircraft grew and its backlog rose to a record, buoying hopes that the company can ride out a softening market.

INTERNET New York cable TV operator Cablevision Systems Corp. has introduced a free Wi-Fi network for subscribers who want to access the Web via wireless devices. The Optimum Wi-Fi is free for existing subscribers to its Optimum home Internet service. REUTERS

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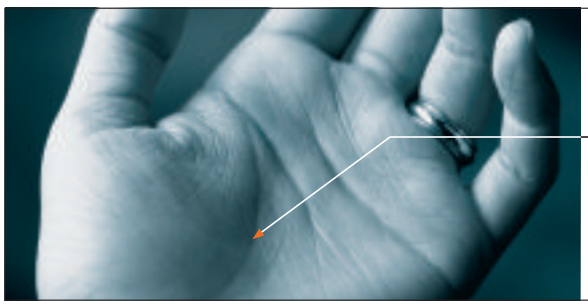

Maybe I'm just too old ...

CFL

Montreal Alouettes teammates Avon Cobourne and Damon Duval were honoured as the CFL's offensive and defensive players of the month, respectively, for August yesterday. METRO NEWS SERVICES

Sports

Isbister joins Senators

The Ottawa Senators signed winger Brad Isbister, left, to a one-year, two-way contract yesterday. Isbister, who will be joining his fifth different team in as many seasons, spent last season with the Canucks and recorded six goals and five assists in 55 games.

METRO NEWS SERVICES

EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

Spidey pales next to Ocho Cinco

Lame mask stunt by Argos' Bruce doesn't come close to sport's greatest showboaters

Too bad Arland Bruce III couldn't come up with something a tad more entertaining the other night.

Slipping on a Spider-Man mask to celebrate a touchdown for the Toronto Argonauts just didn't cut it. I mean, I don't want to come off like Simon Cowell or one of those television-show judges, but Bruce's performance lacked creativity, imagination and was well below acceptable showboating standards.

Heck, top showboaters don't even use props any more. Nowadays, they change their name legally, or crush opponents in Olympic sprint competition without even trying.

Read more about Bruce and my thoughts on the shortage of good CFL hotdogging this season in my latest CFL Report at metronews.ca, but let's just say no CFLer can hold a candle to the likes of NFL receiver Chad Johnson or sprinter Usain Bolt.

YorkReport

Marty York

marty.york@metronews.ca

Never mind Johnson changing his name legally to Chad Ocho Cinco. This guy once mailed Pepto Bismol to his opponents before a game. He raced a horse. He declared he could outrace Michael Phelps in the swimming pool.

And Bolt? Well, besides his bizarre gyrations before and after his races, he practically moonwalks during them.

All of which explains why Johnson, er, Ocho Cinco and Bolt are 1-2 in a cool Fox list of sports' top 10 showboaters.

Bruce didn't make the list, of course, but two women and a Canadian NHL player did.

Tennis player Serena Williams is sixth, behind the NBA's Gilbert Arenas, NFL receiver Terrell Owens and NFL quarterback Brett Favre.

"Williams arguably has more flair than the entire men's side of tennis," Fox writes. "Her unusual fashion sense has inspired her to wear knee-high go-go boots during the U.S. Open … She once sported a skin-tight cat suit, too."

Ranked eighth on the showboat list, behind slugger Manny Ramirez, is Danica Patrick, described by Fox as "the most colourful driver in motor sports." She starred in a racy Go-Daddy commercial and has had several run-ins with fellow auto racers on pit row.

Ranked 10th on the list, behind pitcher Carlos Zambrano, is NHLer Sean Avery of Pickering, Ont.

Avery, Fox writes, enjoys aggravating foes and drawing attention to himself. He did jumping jacks in front of goalie Martin Brodeur in the playoffs and he appeared at his introductory news conference with the Dallas Stars in salmon-coloured shoes and matching checkered shorts and jacket.

Never, though, would Avery or any of the above wear a Spider-Man mask. That was lame. Or, as Cowell might say, hideous.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

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Sports in brief

NFL Daunte Culpepper has announced his retirement from the NFL, bringing an end to a nine-year career for the quarterback that started with promise and finished with injury-filled disappointment. He played in just seven games last season. METRO NEWS SERVICES

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NFL Super Bowl champs just keep on winning

AL BELLO/GETTY IMAGES

Plaxico Burress celebrated receiving a fresh two-year contract extension with 10 catches for 133 yards and the New York Giants opened their Super Bowl title defence with a 16-7 victory over their NFC East rivals, the Washington Redskins, in the NFL season opener last night.

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Hockey

Former NHL head coach Pat Quinn, left, was named head coach of Canada's national junior team yesterday for the upcoming world junior championship in Ottawa. The tournament kicks off on Boxing Day as Canada takes on the Czech Republic. METRO NEWS SERVICES

Sports in brief

MLB Travis Snider finished 3-for-3 with a home run as the Toronto Blue Jays routed the Minnesota Twins 9-0 last night.

NHL Sydney Crosby became the youngest person to receive the Order of Nova Scotia yesterday, as Premier Rodney MacDonald recognized him for his outstanding contributions and achievements.

METRO NEWS SERVICES

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Federer, Djokovic into semis

TENNIS Four-time champion Roger Federer weathered a tough battle against Luxembourg qualifier Gilles Muller to book his place in the U.S. Open semifinal with a 7-6, 6-4, 7-6 win yesterday.

The second-seeded Swiss was tested to the full on a sweltering, breezy afternoon in New York by a player ranked 130th in the world before sealing victory in two hours 26 minutes.

Seeking his fifth consecutive U.S. Open title but his first grand slam crown of the year, Federer edged marathon man Muller 7-5 in the third-set tiebreak to win his 32nd consecutive match at Flushing Meadows.

Federer

"I'm happy I won, first of all," a relieved Federer told reporters after reaching a record 18th consecutive grand slam semi-final. "After a tough match I had last time, it's nice to get through (in) straight (sets).

"This was a tough opponent who has been playing very well in this tournament and he showed why he was so dangerous today.

Federer's opponent in the last four will be third-seeded Serb Novak Djokovic who slipped past No. 6 Andy Roddick 6-2, 6-3, 3-6, 7-6 (5) last night.

REUTERS

SCOREBOARD

MLB

YESTERDAY'S RESULTS
AMERICAN LEAGUE
Kansas City 5 Oakland 4 (10 ings) (Gm 1)
L.A. Angels 7 Detroit 1
Tampa Bay 7 N.Y. Yankees 5
Toronto 9 Minnesota 0
Kansas City 9 Oakland 6 (Gm 2)
NATIONAL LEAGUE
Atlanta 2 Washington 0
Cincinnati 8 Pittsburgh 6
San Diego 5 Milwaukee 2

TODAY'S GAMES
AMERICAN LEAGUE
Oakland at Baltimore, 4:05
Tampa Bay at Toronto, 4:07
Boston at Texas, 5:05
Detroit at Minnesota, 5:10
Cleveland at Kansas City, 5:10
L.A. Angels at Chicago W. Sox, 5:11
N.Y. Yankees at Seattle, 7:05
NATIONAL LEAGUE
Philadelphia at N.Y. Mets, 4:10
Chicago Cubs at Cincinnati, 4:10
Washington at Atlanta, 4:35
San Diego at Milwaukee, 5:05
Florida at St. Louis, 5:15
Houston at Colorado, 6:05
Arizona at L.A. Dodgers, 7:05
Pittsburgh at San Francisco, 7:15

CFL

WEST DIVISION

	W	L	T	PTS
Saskatchewan	7	2	0	14
Edmonton	6	3	0	12
Calgary	5	4	0	10
B.C.	4	5	0	8

EAST DIVISION

	W	L	T	PTS
Montreal	6	3	0	12
Toronto	4	5	0	8
Hamilton	2	7	0	4
Winnipeg	2	7	0	4

WEEK 11
TONIGHT'S GAME
Calgary at Edmonton, 6
TOMORROW'S GAME
B.C. at Hamilton, 1
SUNDAY'S GAMES
Toronto at Montreal, 10
Saskatchewan at Winnipeg, 1

NFL

WEEK 1
LAST NIGHT'S RESULT
N.Y. Giants 16 Washington 7
SUNDAY'S GAMES
Detroit at Atlanta, 10
Cincinnati at Baltimore, 10
Seattle at Buffalo, 10
N.Y. Jets at Miami, 10
Kansas City at New England, 10
Tampa Bay at New Orleans, 10
St. Louis at Philadelphia, 10
Houston at Pittsburgh, 10
Jacksonville at Tennessee, 10
Dallas at Cleveland, 1:15
Carolina at San Diego, 1:15
Arizona at San Francisco, 1:15
Chicago at Indianapolis, 5:15
MONDAY'S GAMES
Minnesota at Green Bay, 4
Denver at Oakland, 7:15

SOCCER

GAMES FEATURING THE VANCOUVER WHITECAPS MEN'S TEAM:
TODAY'S GAME
VANCOUVER at Puerto Rico, 5

B.C. Sports in brief

CFL Former B.C. Lions' quarterback Dave Dickenson has likely played his last down of professional football. The current Calgary Stampeders' pivot was placed on the nine-game injury list with post concussion symptoms after leaving Monday's game against Edmonton following a routine tackle. Dickenson suffered three concussions during a 10-month span while playing with B.C. beginning in September of 2006, making his latest setback the fourth such occurrence in the last two years.

SCOTT RINTOUL/METRO VANCOUVER

music Pg 22

Fall brings red leaves and new CDs

metro weekend

VANCOUVER SEPTEMBER 5-7 2008 metronews.ca

westcoast Pg 20

See the city by bike

Keeping critics caged Pg 14

BRAD BARKET/GETTY IMAGES

Let's face it: This time of year is often the dumping ground for lame movies. That's why Bangkok Dangerous, starring Nicolas Cage, and a host of other films aren't giving critics a chance to take a stab at them. But does it even matter?

music Pg 22

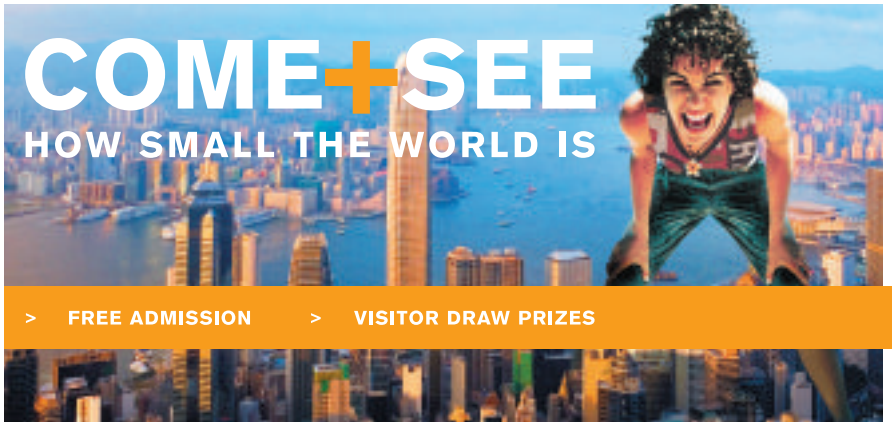
Nat Jay's brings mellow folk to some interesting places.

review Pg 14

Fly Me to the Moon draws some lukewarm laughs.

urban foodie Pg 26

Medina Café serve up new — and impressive — menu.



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Movies

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Do critics even matter?

STEVE GOW
for Metro Canada

If you're flipping through this newspaper searching for a review of the new movie Bangkok Dangerous, you can stop right here. There will be no review of Nicolas Cage's latest action-thriller today.

As it happens, studios occasionally decide not to show certain films to critics prior to their respective movie's opening weekend. As editor of the popular website MovieCity News.com, David Poland has a sense of why this occurs.

"The movies this time of year really, really suck," Poland said in a recent phone interview. "There's no value to having critics' screenings because they know how bad the movies are and so (studios) don't show them."

Its true there's been a noticeable surge of unscreened films lately.

Last weekend alone saw the release of three movies that were not given press screenings — Babylon A.D., Disaster Movie and College — but the absence of reviews doesn't ensure they'll turn out to be flops either. There have been considerable unscreened successes like The Day After Tomorrow, The Pink Panther and last year's Halloween. It would seem that, as entertainment columnist Patrick Goldstein recently wrote, "critics today are viewed as cultural dinosaurs on the verge of extinction."

Part of the reason is the Internet's creation of access to open forums of criticism but studio marketing may play a bigger part. Poland points out most marketing budgets for Hollywood films have inflated up to $70 million per flick.

"The movies this time of year really, really suck."
David Poland

"The advertising has kind of taken over everything," says Poland of trailers and TV ads, now the prime factor in people's film choices. "But the value of critics is still there certainly for art films, anything that's small and needs help."

Eric Lundegaard goes one further on Slate.com, saying that, despite popular belief, the public does pay attention to reviews.

After crunching the numbers, he writes, "critically acclaimed films average about $2000 more per screen than critically lambasted films."

Despite all the numbers, the truth is, reviews are so enjoyably subjective that it would be a sad day to see critics and even horrible reviews go the way of the "cultural dinosaur".

Besides, as novelist Kingsley Amis once said: "If you can't annoy somebody, there's little point in writing."

Posters of Angelina Jolie in the film Wanted have been banned in Britain, even though the movie is no longer playing in theatres and promotional posters have been discontinued.

Movie morsels

Traitor

🌐🌐½

REVIEW Jeffrey Nachmanoff's Traitor takes its time setting up precisely what Don Cheadle's character does, and it eventually becomes clear that he is a spy working to infiltrate a terrorist network with big plans for another 9/11. The bulk of the movie concerns his attempts to maintain his cover while two eager FBI agents try to track him down.

Rick McGinnis/Metro Canada

Outsourced

🌐🌐🌐🌐½

REVIEW Left with a decision between losing his job and training the new Indian branch, Todd Anderson (Josh Hamilton) picks up and heads off to a country with a culture and lifestyle totally opposite to his own

Brian Coulton/Metro Canada

Babylon A.D.

🌐½

REVIEW Set in a dystopian future, Babylon A.D. stars Vin Diesel as Tooroop, a mercenary who, after sitting down to a nice furry-animal stir-fry, is kidnapped and bribed to escort a young woman (who's either the new Messiah or infected with a deadly virus — we ain't sure) from Russia to America. Partnered with her chaperone (Michelle Yeoh), the trio hitches a ride on an old submarine, elude cultists and even outrun supersonic jets on ski-doos.

Steve Gow/Metro Canada

Not a perfect flight

Fly Me To The **Moon**

Director: Ben Stassen
Stars: Voices of Christopher Lloyd, Tim Curry, Buzz Aldrin
Classification: G
Rating: 🌐🌐🌐

BRIAN COULTON
for Metro Canada

REVIEW One small step for man is not exactly a giant leap for the fly world in animated 3-D family film Fly Me to the Moon.

Young fly Nat and his friends, brainiac IQ and gluttonous Scooter, feel dispirited in adolescence and are in search of an adventure.

Inspired by Nat's Grandpa McFly's stories of flying across the Atlantic atop Amelia Earhart's shoulder, the friends are encouraged by Nat to find their great adventure.

The flies capitalize on American pressure to send the first astronauts to the moon by finding their way onto spaceflight Apollo 11, determined to join Neil Armstrong and Buzz Aldrin as the first American flies to set foot on the moon.

They're not without their barriers, however. Unbeknownst to them, Russian flies have caught wind of their presence on board and will do everything in their power to sabotage the mission.

Faced with foreign challenges and on-board dangers alike, the friends learn to band together to survive and complete the voyage.

Fly Me to the Moon is an endearing story with comic protagonists the audience wants to root for. Visual qualities, including the eye-candied 3-D (the film is the first animated one to be designed and produced for 3-D) are the source of the film's buzz.

The imaginative earthly fly world is well constructed and the '60s are captured in attire and sound throughout.

Aside from the visual, however, jokes are lukewarm at the best of times, rarely drawing many laughs even from the young audience.

Fly Me to the Moon is very pro-American in its Cold War-era setting, rival Russian flies and all, but becomes a bit much at times such as during a fly flag salute by Nat and co.

While the film presents a bite-sized history lesson for kids, its championed exaction of NASA mission details dilutes the family fun.

And, the inclusion of the real Buzz Aldrin takes a dim turn when an unnecessary epilogue featuring the astronaut in real life sucks any remaining fun from the film.

If it weren't for kids in the audience reaching to stroke the popping 3-D images, Fly Me to the Moon would have little enchanting power.

Working from a cliché-filled script and ailing attempts at laughs, three flies are thankfully saved by on-screen sensation.

Fly Me To The Moon is now playing.

Posters not Wanted

Angelina Jolie might ooze Hollywood glamour, but if she's armed and looking dangerous, the actress is not welcome in Britain.

Britain's media watchdog, the Advertising Standards Authority (ASA), has banned two posters of Jolie promoting the film Wanted after upholding complaints that the images of the gun-toting actress glamorized the use of guns and violence. One poster showed the actress crouching and holding a gun pointing upward while the other showed her lying on her back across a car's hood, brandishing guns. The ASA said it had received 17 complaints from people who thought the ads were irresponsible because they glorify and glamorize gun crime at a time when there is increasing public concern in Britain about it.

The film's maker, Universal Pictures, defended the posters, saying the style of the advertisements reflected the film's comic-book roots and providing examples of other ads they believed were more graphic and less stylized than their posters.

But the ASA ruling, handed down Wednesday, seemed to come a bit late. Universal said the posters for the film, which was released in Britain in June, were no longer being displayed, and there were no plans for their future use.

REUTERS

Quote of the week

GETTY IMAGES

"I arrived on set for the sex scene to find Gerry was very unwell indeed. So I wouldn't kiss him. I don't know how (Guy) coped with those problems but it ended up being one of the most brilliant scenes. But I did find it challenging having to climax in a close-up to camera."

Thandie Newton on filming a sex scene with an ill Gerard Butler in Guy Ritchie's new movie RocknRolla.

SOURCE: BANG MEDIA INTERNATIONAL

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Los Angeles Times
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PATRICK GOLDSTEIN

The New York Times
"BATHED IN LIGHT SO LUSCIOUSLY GOLDEN & HONEYED YOU MIGHT BE TEMPTED TO LICK THE SCREEN."
MANOHLA DARGIS

Javier Bardem Penélope Cruz Scarlett Johansson

Vicky Cristina Barcelona

Patricia Clarkson Kevin Dunn Rebecca Hall Chris Messina

PG COARSE LANGUAGE, SEXUALLY SUGGESTIVE SCENES

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alliancefilms.com
VickyCristina-Movie.com

FESTIVAL CINEMAS	CINEMARK CINEMAS	CINEPLEX ENTERTAINMENT	CINEPLEX ENTERTAINMENT	EMPIRE THEATRES
PARK ✱	TINSELTOWN ✱	SILVERCITY RIVERPORT ✱	SILVERCITY COQUITLAM ✱	ESPLANADE 6 ✱
CRITERION CINEMAS	WHISTLER	VANCOUVER	BURNABY	✱ DIGITAL SOUND
RIALTO WHITEROCK ✱	VILLAGE 8 CINEMAS ✱	RIO THEATRE ✱	DOLPHIN CINEMA ✱	

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-Pete Hammond, HOLLYWOOD.COM

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traitor-themovie.com alliancefilms.com

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TINSELTOWN ✱	SILVERCITY RIVERPORT ✱	SILVERCITY COQUITLAM ✱	COLOSSUS LANGLEY ✱	PARK & TILFORD ✱
EMPIRE THEATRES	CINEPLEX ENTERTAINMENT	CINEPLEX ENTERTAINMENT		
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ROBERT DE NIRO AL PACINO "RIGHTEOUS KILL" CURTIS JACKSON CARLA GUGINO DONNIE WAHLBERG TRILBY GLOVER WITH BRIAN DENNEHY AND JOHN LEGUIZAMO
CASTING BY NANCY KLOPPER, C.S.A. MUSIC BY ED SHEARMUR COSTUME DESIGNER DEBRA MCGUIRE PRODUCTION DESIGNER TRACEY GALLACHER DIRECTOR OF PHOTOGRAPHY DENIS LENOIR, A.S.C., A.C.
EDITED BY PAUL HIRSCH, A.C.E. CO-PRODUCED BY MARSHA OCLESBY EXECUTIVE PRODUCERS DANNY DIMBORT BOAZ DAVIDSON GEORGE FURLA TREVOR SHORT PRODUCED BY ROB COWAN
PRODUCED BY AVI LERNER RANDALL EMMETT PRODUCED BY JON AVNET PRODUCED BY LATI GROBMAN ALEXANDRA MILCHAN PRODUCED BY DANIEL M. ROSENBERG

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WRITTEN BY RUSSELL GEWIRTZ DIRECTED BY JON AVNET

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alliancefilms.com www.righteouskill-themovie.com

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–PETER TRAVERS
USA TODAY
"Gut-busting comedy. Side-splittingly funny. Franco is a revelation. The laughs are almost non-stop."
–CLAUDIA PUIG
ROGEN FRANCO
PINEAPPLE
EXPRESS
FROM THE GUYS
WHO BROUGHT YOU
SUPERBAD
RideTheExpress.ca
NOW PLAYING
Check Theatre Directory or SonyPicturesReleasing.ca for Locations & Showtimes

Hathaway sparks early awards buzz

Anne Hathaway's dark role in Rachel Getting Married, which premiered this week in Venice, is generating early Oscar buzz, with several critics hailing her departure from fairytale and comic characters.

In the family drama directed by Jonathan Demme, Hathaway plays Kym, a recovering drug addict who checks out of a rehabilitation center to attend her sister's wedding.

Her acerbic one-liners and need for attention serve as the catalysts for long-simmering family tensions to come to the boil, forcing her to confront her sense of guilt over the death of her little brother.

"An award-worthy Anne Hathaway gives the story a clear central focus," wrote the Hollywood Reporter, while rival trade publication Variety called her "fragile, angry, superb."

Hathaway, best known for her girl-next-door performances in The Princess Diaries and The Devil Wears Prada, told Reuters on Thursday it was too early to think about awards.

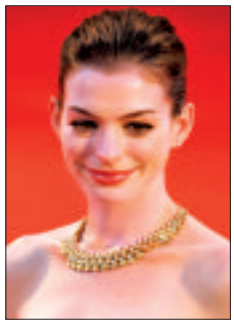
"It's the beginning of September and if I started being concerned about buzz now I would never make it through Christmas," Hathaway said in an interview.

"I could not be happier with this film, whatever happens to it. If it sinks at the box office, if it doesn't ever win an award, it's so successful in my mind," the 25-year-old added.

Hathaway has said Kym was the most complex role she had taken on so far.

Critics also praised Debra Winger's brief but intense performance in the film as the dysfunctional family's aloof mother. Screen Daily said three-time Oscar nominee Winger had made the small supporting role memorable.

Most critics said the movie helped lift a weaker-than-usual lineup at the Venice film festival this year, and Hathaway's appearance on the red carpet gave the festival a welcome touch of Hollywood glamour.



Anne Hathaway on the red carpet in Venice.

REUTERS

Film latest to explore Iraq War

VENICE In The Hurt Locker, the latest film about the war in Iraq, a bomb disposal expert takes risks beyond the call of duty as he comes to realize that only one thing makes him feel truly alive — dicing with death.

Director Kathryn Bigelow, in her first feature for six years, explores why, in a time when most armies are full of volunteers rather than draftees, many men choose to fight.

Staff Sergeant William James, played by Jeremy Renner, takes over a bomb disposal team in Baghdad, and the loose cannon quickly ups the already high stakes by going where he does not have to go.

The movie, which premiered at the Venice film festival yesterday, is packed with tension and violence, and paints an essentially sympathetic picture of a group of men stuck in a living hell.

Bigelow said she wanted to try and put the audience into the situations soldiers in Iraq faced every day.

REUTERS

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Reel Time

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Movie took shocking creative liberties?

Bottle Shock, a film based on a real wine tasting in Paris in 1976 where Californian wines beat French rivals, has left some of those involved in the original event with a sour taste.

Alan Rickman, centre, plays wine tasting organizer Steven Spurrier in Bottle Shock. The real-life Spurrier calls the film "a tissue of lies."

The Paris Wine Tasting of 1976, which is also known as the Judgment of Paris, has emerged as one of the most important tastings in the history of wine that is often re-enaacted as it helped put California on the world fine wine map.

The film is one of two inspired by the 2005 book The Judgment of Paris by George Taber, the only journalist to cover the landmark blind tasting at which a mainly French panel of experts rated then-unknown California wines higher than the best Bordeaux had to offer.

While Taber's two-paragraph article appeared on page 58 of the June 7, 1976 issue of Time magazine, the results were astounding, not least to the jurors themselves, by challenging France's claim to be the world's superior wine-making nation.

Bottle Shock is the first of the "judgment" films to be released, but it isn't the official version.

According to both the tasting's organizer, Steven Spurrier (played by Alan Rickman) and Taber, it deviates so far from reality that it should not have the right to be advertised as a true story.

"It's a tissue of lies. I've heard the only good part is Alan Rickman," said Spurrier, now a wine writer and consultant based in London.

Bottle Shock takes numerous egregious liberties, claim its detractors, including a broad-stroke mischaracterization of Spurrier as a bumbling British snob with a failing wine shop. In reality, Spurrier joined the wine trade in 1964 and moved to Paris in 1970 where he opened the L'Academie du Vin, France's first private wine school.

"The portrait of Steven Spurrier is an outrage, and not at all what he is really like," said Taber, who has seen the film.

Even more critical a point of contention is the film's portrayal of the men behind the highest-ranked white wine of the tasting, a Chateau Montelena 1973 Chardonnay from California.

No mention is given in Bottle Shock to the estate's winemaker Mike Grgich but instead to Jim Barrett, the mostly hands-off part-owner of Chateau Montelena, and his son Bo.

"To claim Barrett made that wine was incorrect, Mike Grgich made it," said Taber.

"Aside from drinking it and appreciating it, he didn't know anything about wine. Mike Grgich got the George Orwell treatment and became a non-person."

For his part, Grgich, now 84 and a well-respected winemakers, fell out with Barrett long ago. While he realizes the importance of the role he played in the original 1976 tasting, he recently told Decanter magazine that he was "pushed aside."

Spurrier and Taber are hoping the truth will out by way of a rival script — as yet unproduced — by screenwriter Robert Kamen.

"So the movie is based on a lie ... I find that particularly offensive even though it's a crappy film."
Robert Kamen, vintner/screenwriter

"These people make believe Barrett made the wine — to deny Mike Grgich his rightful place in history," said Kamen, who also owns Sonoma Valley, California winery Kamen Estate.

"If you look at the wine as an act of creation, you give credit to the person who created it. So the movie is based on a lie — financed and fronted by the Barretts, a 30-year campaign to erase Mike Grgich's name from history. I find that particularly offensive even though it's a crappy film."

Nobody involved in the production of Bottle Shock was available to comment.

REUTERS

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Screen Times

THESE PAGES COVER MOVIE START TIMES FROM FRIDAY SEPTEMBER 5 TO THURSDAY SEPTEMBER 11

This week's new releases are highlighted in red.

Vancouver

OMNIMAX THEATRE SCIENCE WORLD
1455 Quebec St., 604-443-7443

The Alps (STC) Fri-Thu 12-2-4 Fri-Sat 8:30

Australia: Land Beyond Time (STC) Sat 7:30

Dinosaurs Alive! (STC) Fri-Thu 1

Extra Large Shorts (STC) Fri-Thu 5

Grand Canyon Adventure: River at Risk (STC) Fri-Thu 11-3 Fri 7:30

CN IMAX THEATRE
201-999 Canada Place, 604-682-4629

Deep Sea 3D (G) Fri-Thu 6-9

Dolphins and Whales 3D: Tribes of the Ocean (G) Fri 2-10 Sat-Sun 2-5-10 Mon-Thu 2-10

Fly Me to the Moon 3-D (G) Fri-Thu 12-3-7

DENMAN THEATRE
1737 Comox, 604-683-2201

Listings not available at press time.

DUNBAR THEATRE
4555 Dunbar Street, 604-222-2991

Tropic Thunder (18A) Fri-Sat 7-9:30 Sun-Thu 7:30

WALL-E (G) Sat-Sun 1:45-4

FIFTH AVENUE CINEMAS
2110 Burrard Street, 604-734-7469

Amal (PG) Fri-Thu 1:30-6:50-9:10

Brideshead Revisited (PG) Fri-Thu 3:45

The Dark Knight (14A) Fri-Thu 1-4-7:10-10

Elegy (14A) Fri-Thu 2-4:30-7-9:20

Hamlet 2 (14A) Fri-Wed 1:15-4:45-7:30-9:40 Thu 1:15-4:45-9:40

Mamma Mia! (PG) Fri-Thu 1:45-4:15-7:15-9:30

GRANVILLE
855 Granville St., 604-684-4000

Brideshead Revisited (PG) Fri 7 Sat-Sun 1:10-4-7 Mon-Thu 7

Hellboy II: The Golden Army (14A) Fri 7:05-9:40 Sat 1:35-4:10-7:05-9:40 Sun 1:35-9:40 Mon-Thu 7:05-9:40

Indiana Jones and the Kingdom of the Crystal Skull (PG) Fri 6:55-9:35 Sat-Sun 1:20-4:05-6:55-9:35 Mon-Thu 6:55-9:35

Iron Man (PG) Fri-Thu 6:45-9:25

Kung Fu Panda (G) Sat-Sun 1:30-3:50

Sex and the City (18A) Fri 7:30 Sat-Sun 1:15-4:20-7:30 Mon-Thu 7:30

Wanted (18A) Fri-Thu 9:50

WWE: Unforgiven (STC) Sun 5

The X-Files: I Want to Believe (14A) Fri 7:10-9:30 Sat-Sun 1:25-3:55-7:10-9:30 Mon-Thu 7:10-9:30

You Don't Mess With the Zohan (14A) Fri 6:50-9:20 Sat-Sun 1:40-4:15-6:50-9:20 Mon-Thu 6:50-9:20

HOLLYWOOD THEATRE
3123 W. Broadway, 604-738-3211
hollywoodtheatre.ca

Indiana Jones and the Kingdom of the Crystal Skull (PG) Fri 9:05 Sat-Sun 3:05-9:05 Mon-Thu 9:05

Kung Fu Panda (G) Fri 7:30 Sat-Sun 1:30-7:30 Mon-Thu 7:30

OAKRIDGE
650 West 41st Ave., 604-263-1944

The Dark Knight (14A) Dolby Stereo Fri 8 Dolby Stereo Sat-Sun 1:45-4:50-8 Dolby Stereo Mon-Thu 8

The House Bunny (PG) Dolby Stereo Fri 7:10-9:30 Dolby Stereo Sat-Sun 2-4:40-7:10-9:30 Dolby Stereo Mon-Thu 7:10-9:30

Mamma Mia! (PG) Dolby Stereo Fri 7-9:20 Dolby Stereo Sat-Sun 1:50-4:30-7-9:20 Dolby Stereo Mon-Thu 7-9:20 Dolby Stereo Thu 11

PACIFIC CINÉMATHÈQUE
1131 Howe Street, 604-688-3456
cinematheque.bc.ca

Vancouver Latin American Film Festival (STC) Fri-Thu

PARK THEATRE
3440 Cambie Street, 604-876-2747

Vicky Cristina Barcelona (PG) Fri 4-7-9:15 Sat-Sun 1:45-4-7-9:15 Mon-Thu 4-7-9:15

RIDGE THEATRE
3131 Arbutus Street, 604-738-6311

Outsourced (PG) Fri 4-7-9:15 Sat-Sun 1:30-4-7-9:15 Mon 4-9:15 Tue-Thu 4-7-9:15

RIO ON BROADWAY
1660 E. Broadway, 604-878-Film
riotheatre.ca

Vicky Cristina Barcelona (PG) Fri 7-9:15 Sat-Sun 4:30-7-9:15 Mon-Thu 7-9:15

SCOTIABANK THEATRE VANCOUVER
900 Burrard St., 604-630-1407

Babylon A.D. (14A) Fri-Thu 12:50-3:40-6:50-9:40

Bangkok Dangerous (18A) Fri-Thu 1:30-4:20-7:20-10

The Dark Knight (14A) Fri-Thu 12:25-3:45-7:10-10:30

Death Race Fri-Thu 1:20-4:10-7:15-9:50

The House Bunny (PG) Fri-Thu 12:40-3:30-6:45-9:20

Mamma Mia! Sing-a-Long (STC) Fri-Thu 1:10-3:50-6:40-9:30

Pineapple Express (18A) Fri-Thu 1-4-7:30-10:10

Tropic Thunder (18A) Fri-Wed 12:15-12:30-2:40-3:20-5-7-7:40-9:45-10:15 Thu 12:15-12:30-2:40-3:20-5-7:40-9:45-10:15

TINSELTOWN
International Village, 88 West Pender, 3rd floor, 604-806-0799
cinemark.com

Boy A (14A) Fri-Thu 9:50

College (18A) No Passes Fri-Thu 10:05

Disaster Movie (14A) No Passes Fri-Thu 7:10-9:25

The Edge of Heaven (14A) No Passes Fri-Thu 1:40-4:30-7:40-10:25

Frozen River Fri-Thu 2:20-4:40-7:15-9:30

Hamlet 2 (14A) No Passes Fri-Tue 2:40-5-7:25-9:40 Wed-Thu 2:40-5-7:25-9:40

Mirrors (18A) Fri 2:15-5:05-7:45-10:15 Sat 2:15 Sun-Thu 2:15-5:05-7:45-10:15

The Mummy: Tomb of the Dragon Emperor (14A) No Passes Fri-Tue 1:45-4:25-7:05-9:35 No Passes Wed-Thu 1:45-4:25-9:35

The Sisterhood of the Traveling Pants 2 (PG) Fri-Thu 1:30-4:15-7

Star Wars: The Clone Wars (PG) No Passes Fri-Thu 2-4:40

Step Brothers Fri-Thu 2:50-5:20-8-10:20

Sukiyaki Western Django (18A) No Passes Fri-Thu 2:25-4:50-7:30-9:55

Traitor No Passes Fri-Thu 2:30-5:15-7:50-10:30

Vicky Cristina Barcelona (PG) Fri-Thu 2:45-5:10-7:35-10

WALL-E (G) Fri-Thu 2:10-4:45-7:20

VANCITY THEATRE
Vancouver International Film Centre
1181 Seymour Street, 604-683-Film
vifc.org

Alexandra (STC) Fri 7 Sat 9 Mon 7-8:45

Elegy of Life: Rostropovich, Vishnevskaya (STC) Fri 8:45 Sat 7

VAN EAST CINEMA
2290 Commercial Drive, 604-251-1313
vaneast.com

Mamma Mia! (PG) Fri 7-9:15 Sat-Sun 4:45-7-9:15 Mon-Thu 7-9:15

North Shore

ESPLANADE 6
200 West Esplanade, 604-983-2762

College (18A) Fri-Thu 7:15-9:25

The Dark Knight (14A) Fri 8 Sat-Sun 1:30-4:40-8 Mon-Thu 8

Disaster Movie (14A) Fri-Thu 7:10-9:15

Fly Me to the Moon 3-D (G) Fri 7-9 Sat-Sun 2:20-4:20-7-9 Mon-Thu 7-9

The House Bunny (PG) Fri 7:05-9:20 Sat-Sun 1:50-4:10-7:05-9:20 Mon-Thu 7:05-9:20

The Sisterhood of the Traveling Pants 2 (PG) Sat-Sun 1:40-4:25

Star Wars: The Clone Wars (PG) Sat-Sun 2-4:15

Vicky Cristina Barcelona Fri 6:55-9:10 Sat-Sun 2:10-4:30-6:55-9:10 Mon-Thu 6:55-9:10

PARK & TILFORD
333 Brooksbank Ave., 604-985-3911

Bangkok Dangerous (18A) Fri 7:20-10 Sat-Sun 1:3:50-7:20-10 Mon-Thu 7:20-10

Death Race (18A) Fri 7:10-9:50 Sat-Sun 12:50-3:30-7:10-9:50 Mon-Thu 7:10-9:50

Mamma Mia! (PG) Fri 6:40-9:20 Sat-Sun 12:20-3-6:40-9:20 Mon-Thu 6:40-9:20 Star & Strollers Screening Thu 1

Pineapple Express (18A) Fri 6:30-9:25 Sat-Sun 12:40-3:20-6:30-9:25 Mon-Tue 6:30-9:25 Wed 9:25 Thu 6:30-9:25

Traitor (PG) Fri 7-9:30 Sat-Sun 12:10-3:10-7-9:30 Mon-Thu 7-9:30 Star & Strollers Screening Thu 1

Tropic Thunder (18A) Fri 6:50-9:40 Sat-Sun 12:30-3:40-6:50-9:40 Mon-Thu 6:50-9:40

Richmond

RICHMOND CENTRE 6
6551 #3 Road, 604-273-7173

Bangkok Dangerous (18A) Fri 4:10-7:20-9:55 Sat 12:55-4:10-7:20-9:55 Sun 12:55-4:10-7:20 Mon-Thu 4:10-7:20

The Dark Knight (14A) Fri 3:45-6:50-10 Sat 12:30-3:45-6:50-10 Sun 12:30-3:45-6:50 Mon-Thu 3:45-6:50

The House Bunny (PG) Fri 4-7:05-9:40 Sat 12:50-4-7:05-9:40 Sun 12:50-4-7:05 Mon-Thu 4-7:05

Mamma Mia! (PG) Fri 3:50-6:55-9:35 Sat 12:35-3:50-6:55-9:35 Sun 12:35-3:50-6:55 Mon-Thu 3:50-6:55

The Mummy: Tomb of the Dragon Emperor (14A) Fri 3:55-7-9:45 Sat 12:40-3:55-7-9:45 Sun 12:40-3:55-7 Mon-Thu 3:55-7

Tropic Thunder (18A) Fri 4:05-7:10-9:50

Screen Times

Sat 12:45-4:05-7:10-9:50 Sun 12:45-4:05-7:10 Mon-Thu 4:05-7:10

SILVERCITY RIVERPORT
14211 Entertainment Way, 604-272-7280

Babylon A.D. Fri-Thu 1:50-4:45-7:25-9:45

Bangkok Dangerous (18A) Fri-Thu 1:10-3:45-6:55-9:50

College (18A) Fri-Thu 2-4:30-6:50-9:30

The Dark Knight (14A) Fri-Thu 12:45-4-7:15-10:30

The Dark Knight: The IMAX Experience (14A) Fri-Thu 12:15-3:30-7:10:15

Death Race Fri-Thu 1:45-4:50-7:50-10:30

Disaster Movie Fri-Thu 1:40-4:05-6:35

Hamlet 2 (14A) Fri-Thu 9:15

The House Bunny (PG) Fri-Thu 1:35-4:55-7:35-10:10

Mamma Mia! Sing-a-Long (STC) Fri-Thu 1:3:40-6:40-9:35

Mera Pind (Punjabi w/e.s.t.) (STC) Fri-Thu 1:15-5-9

Mirrors (18A) Fri-Thu 4:40-10:20

The Mummy: Tomb of the Dragon Emperor (14A) Fri-Thu 12:55-4:10-7-9:40

Pineapple Express Fri-Thu 7:20-10:05

The Sisterhood of the Traveling Pants 2 (PG) Fri-Sat 1:05-3:55-7:10-10 Sun 1:05-3:55-10 Mon-Thu 1:05-3:55-7:10-10

Star Wars: The Clone Wars (PG) Fri-Sat 12:50-3:35-6:25-9:10 Sun 12:50-6:25-9:10 Mon-Thu 12:50-3:35-6:25-9:10

Step Brothers (14A) Fri-Thu 1:55-7:40

Traitor (PG) Fri-Wed 1-3:50-7:30-10:15 Thu 3:50-7:30-10:15 Star & Strollers Screening Thu 1

Tropic Thunder (18A) Fri-Thu 1:30-4:20-7:05-7:45-9:55-10:25

Vicky Cristina Barcelona (PG) Fri-Thu 1:20-4:15-6:45-9:20

WALL-E (G) Fri-Thu 1:25-4:25

WWE: Unforgiven (STC) Sun 5

You Don't Mess With the Zohan (14A) Fri-Thu 1:30-4:35

Burnaby

DOLPHIN CINEMAS
4555 E. Hastings St., 604-293-0332

Listings not available at press time.

SILVERCITY METROPOLIS
4700 Kingsway Ave., 604-435-7474

Babylon A.D. (14A) Fri-Thu 1-4-7:10-9:45

Bangkok Dangerous (18A) Fri-Thu 12:55-4:15-7:25-10:15

The Dark Knight (14A) Fri-Thu 12:30-3:45-7:10:15

Death Race Fri-Thu 1:05-4:05-7:30-10:10

Fly Me to the Moon 3-D (G) Fri-Thu 1:25-4:20

The House Bunny (PG) Fri-Thu 1:15-4:10-7:15-9:50

Journey to the Center of the Earth (PG) Fri-Thu 6:50-9:35

Mamma Mia! Fri-Thu 12:40-4:25-7:20-10

The Mummy: Tomb of the Dragon Emperor (14A) Fri-Sat 12:50-3:50-6:55-9:40 Sun 12:50-9:40 Mon-Thu 12:50-3:50-6:55-9:40

Pineapple Express (18A) Fri-Thu 12:45-3:55-7:05-10:05

Tropic Thunder Fri-Thu 12:35-3:45-7-9:55

WWE: Unforgiven (STC) Sun 5

STATION SQUARE
220-6200 McKay Ave., 604-434-7711

College (18A) Fri 7:20 Sat-Sun 1:25-7:20 Mon-Thu 7:20

The Dark Knight (14A) Fri 3:30-7-10 Sat 12:40-3:30-7-10 Sun 12:40-3:30-7 Mon-Thu 3:30-7

Disaster Movie (14A) Fri 3:50-7:10-10:10 Sat 1:10-3:50-7:10-10:10 Sun 1:10-3:50-7:10 Mon-Thu 3:50-7:10

Hamlet 2 (14A) Fri-Sat 3:55-10 Sun-Thu 3:55

Mirrors (18A) Fri-Sat 7:45-10:45 Sun-Thu 7:45

The Sisterhood of the Traveling Pants 2 (PG) Fri 3:40-7:35 Sat 12:55-3:40-7:35 Sun 12:55-3:40 Mon-Thu 3:40

Star Wars: The Clone Wars (PG) Fri 3:45 Sat-Sun 1:15-3:45 Mon-Thu 3:45

Step Brothers Fri-Sat 9:50 Sun-Thu 7:35

Traitor (PG) Fri 3:35-7:30-10:30 Sat 1-3:35-7:30-10:30 Sun 1-3:35-7:30 Mon-Thu 3:35-7:30

WALL-E (G) Fri 4-7-10 Sat 1:20-4-7-10 Sun 1:20-4-7 Mon-Thu 4-7

New West/ Coquitlam

SILVERCITY COQUITLAM
170 Schoolhouse Street, 604-523-2911

Babylon A.D. (14A) Fri-Thu 1:20-4:20-7:35-10

Bangkok Dangerous (18A) Fri-Thu 1:05-4:10-7:30-10:35

College (18A) Fri-Thu 12:45-3:25-6:40-10:10

The Dark Knight (14A) Fri-Thu 12:30-3:45-7:10:30

Death Race (18A) Fri-Thu 2-5-8-10:40

Disaster Movie (14A) Fri-Thu 2:35-5:15-7:55-10:15

Fly Me to the Moon 3-D (G) Fri-Thu 1:45-4:30-6:55

The House Bunny (PG) Fri-Thu 1:25-4:35-7:20-9:55

Journey to the Center of the Earth (PG) Fri-Thu 1:15-3:55-6:50 Fri-Thu 9:10

Mamma Mia! (PG) Fri-Thu 12:40-3:30-6:30-9:15

Mamma Mia! Sing-a-Long (STC) Fri-Thu 1:30-4:40-7:15-10:20

Mirrors (18A) Fri-Thu 9:45

The Mummy: Tomb of the Dragon Emperor (14A) Fri-Thu 12:50-3:40-6:35-9:30

Pineapple Express (18A) Fri-Thu 7:45-10:45

The Sisterhood of the Traveling Pants 2 (PG) Fri-Sat 12:35-3:35-6:45-9:35 Sun 12:35-3:35-9:35 Mon-Thu 12:35-3:35-6:45-9:35

Star Wars: The Clone Wars (PG) Fri-Sat 1:10-3:50-6:25-9:20 Sun 1:10-6:25-9:20 Mon-Thu 1:10-3:50-6:25-9:20

Step Brothers (14A) Fri-Thu 2:10-4:55-7:40-10:20

Traitor (PG) Fri-Mon 1-4:15-7:10-9:50 Tue 4:15-7:10-9:50 Wed-Thu 1-4:15-7:10-9:50 Star & Strollers Screening Tue 1

Tropic Thunder (18A) Fri-Sat 1:25-4:25-7:25-9:25-10:25 Sun 1:20-4:25-7:25-9:25-10:25 Mon-Thu 1:25-4:25-7:25-9:25-10:25

Vicky Cristina Barcelona (PG) Fri-Mon 1-3:50-6:20-9 Tue 3:50-6:20-9 Wed-Thu 1-3:50-6:20-9 Star & Strollers Screening Tue 1

WALL-E (G) Fri-Thu 12:55-4:10-7:05

WWE: Unforgiven (STC) Sun 5

You Don't Mess With the Zohan (14A) Fri-Thu 1:15-4

Surrey/White Rock/Langley

CLOVA
5732-176th St., Surrey, 604-541-9527

Mamma Mia! (PG) Fri 9:15 Sat-Sun 3:15-9:15 Mon-Thu 9:15

The Sisterhood of the Traveling Pants 2 (PG) Fri 7 Sat-Sun 1-7 Mon-Thu 7

HOLLYWOOD 3 CINEMA
7125-138th Street, Surrey, 604-592-4441

Hancock (PG) Fri 8:55 Sat-Sun 2:10-8:55 Mon-Thu 8:55

Journey to the Center of the Earth (PG) Fri-Thu 4:30

Kung Fu Panda (G) Sat-Sun 12:10

The Mummy: Tomb of the Dragon Emperor (14A) Fri-Thu 8:40

The Sisterhood of the Traveling Pants 2 (PG) Fri-Thu 4:10-6:35

Star Wars: The Clone Wars (PG) Sat-Sun 12:10

Step Brothers (14A) Fri 6:45-8:50 Sat-Sun 2:10-6:45-8:50 Mon-Thu 6:45-8:50

WALL-E (G) Fri 4:20-6:30 Sat-Sun 12-2:10-4:20-6:30 Mon-Thu 4:20-6:30

STRAWBERRY HILL GRANDE
12161-72nd Ave, Surrey, 604-501-9400

Babylon A.D. (14A) Fri-Mon 1:20-3:50-7:15-9:45 Tue 3:50-7:15-9:45 Wed-Thu 1:20-3:50-7:15-9:45 Star & Strollers Screening Tue 1

Bachna Ae Haseeno (Hindi w/e.s.t.) (PG) Fri-Sat 12:30-7:25 Sun 8:35 Mon-Thu 12:30-7:25

Bangkok Dangerous (18A) Fri-Thu 1:10-3:35-7:05-9:40

The Dark Knight (14A) Fri-Thu 12-3:20-6:40-9:55

Death Race (18A) Fri-Thu 9:35

Disaster Movie (14A) Fri-Thu 1:40-7:10

The House Bunny (PG) Fri-Mon 1:50-4:20-6:55-9:30 Tue 4:20-6:55-9:30 Wed-Thu 1:50-4:20-6:55-9:30 Star & Strollers Screening Tue 1

Lakh Pardesi Hoiyey (Punjabi w/e.s.t.) (PG) Fri-Thu 12:40-4:15-7:30

Mamma Mia! (PG) Fri-Thu 1-3:40-6:45

Mera Pind (Punjabi w/e.s.t.) (STC) Fri-Thu 12:10-12:50-4-4:40-7:50-8:30

Pineapple Express (18A) Fri-Thu 3:55-9:50

Rock On! (Hindi w/e.s.t.) (PG) Fri-Sat 4:05 Sun 12:30 Mon-Thu 4:05

Singh Is Kinng (Hindi w/e.s.t.) (PG) Fri-Thu 12:20-3:45-7-10:05

Tropic Thunder (18A) Fri-Thu 1:30-4:10-7:20-10

WWE: Unforgiven (STC) Sun 5

STUDIO 12 GUILDFORD
15051-101st Ave., Surrey, 604-581-1176

Babylon A.D. (14A) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:25-4:45-7:35-9:45

Bangkok Dangerous (18A) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:20-4:15-7:30-9:55

College (18A) Dolby Stereo Digital, Stadium Seating Fri-Sat 1:35-4:50-7:10-9:45 Dolby Stereo Digital, Stadium Seating Sun 1:35-9:45 Dolby Stereo Digital, Stadium Seating Mon-Thu 1:35-4:50-7:10-9:45

The Dark Knight (14A) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:15-4:35-8

Death Race (18A) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:25-4:20-7:15-9:55

Disaster Movie (14A) Dolby Stereo Digital, Stadium Seating Fri-Thu 2-4:40-7-9:30

Hamlet 2 (14A) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:15-3:50-7:25

The House Bunny (PG) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:50-4:30-7:20-9:40

Journey to the Center of the Earth 3D (PG) Stadium Seating, Dolby Stereo Digital Fri-Thu 1:25-4:15-7:05

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Super Dave fact
Join in one of the last great trail runs of the season at the Five Peaks Buntzen Lake Run Sept. 13. Distances include 10-,12- and 22-kilometre runs. 5peaks.com

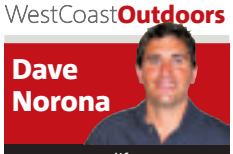
West Coast Weekend

clubs

FRI. 9 P.M. Blueprint 11-year anniversary party, playing electro and house. At Celebrities Night Club, 1022 Davie St. Tix: $25. Info: celebritiesnightclub.com.
FRI. 9:30 P.M. Detention 5, with DJ Icy Ice and host Melanie Tillbrook (hip hop, R&B and old school). At Richard's on Richards, 1036 Richards St. Tix: $20. Info: epik.ca.
FRI. 10 P.M. Early hip hop developer Afrika Bambaataa spins. At Shine Nightclub, 354 Water St. Tix: $15. Info: shinenightclub.com.
SAT. 7 P.M. UFC pay-per-view headlined by Chuck Liddell vs. Rashad Evans. At the Score, 1262 Davie St. Tix: $5. Info: scoreondavie.com.
SAT. 8 P.M. Boobalicious: The Pink Passion Party and a fundraiser for Breast Cancer Awareness. At the Dr. Sun Yat-Sen Chinese Garden, 578 Carrall St. Tix: $25. Info: keep-a-breast.org.
SAT. 9 P.M. Colourful musician Boy George to spin a DJ set with Marc Vedo. At Celebrities Night Club, 1022 Davie St. Tix: $25 advance. Info: celebritiesnightclub.com.
SAT. 9 P.M. Back to School Party, playing sexy house and Top 40. At the Canvas Lounge, 99 Powell St. Tix: $20. Info: canvaslounge.ca.
SUN. 8 P.M. Live performances by Fucked Up, Crystal Antlers, Team Robespierre and Sex Vid. At Richard's on Richards, 1036 Richards St. Tix: $13 advance. Info: sealedwithakiss presents.com.

City sights on bike spokes

WestCoast**Outdoors**



Dave Norona
noronalife.com

Road cycling is a great way to stay fit while enjoying the breathtaking views of our city. September is also the perfect time for riding as the roads are quieter, safer and the air is fresh.

Stanley Park, Jericho Beach and the University of B.C. grounds are three of the best places to ride as they offer wide-open shoulders and terrific road surfaces that allow you to cruise along with ease.

If you are new to road cycling then try Lynn Headwaters Park in North Vancouver. This area is closed down to traffic, which allows you to enjoy your ride without worrying about cars.

When out on the road it is important to be aware of your surroundings, take it easy and always wear a helmet. Wearing the proper gear will also ensure your time out on the bike is both comfortable and fun.

If you love road cycling as much as I do, then check out cycleventures.com and sign up for one of their awesome road cycling adventures. I have tried the Costa Rica Trip and it was one of the coolest rides I have ever done.

PHOTO SUBMITTED

A rider enjoys the spectacular views during a trip with Cycleventures.com.

Gear Guide

Pearl Izumi Attack Bib Short
Cycling shorts are the most important piece of gear to keep you comfortable on those long rides. These Attack Bib shorts have an eight-panel ergonomic design, flatlock seams and are super comfortable.
Price range: $89.99
Where to find: *pearlizumi.com*

Marin San Marino Road Bike
The Marin San Marino has a full carbon monocoque frame that eliminates road vibration and is ultra light. Full Shimano components ensure smooth and precise shifting.
Price range: $3,150
Where to find: *marinbikes.com*

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–*The Globe and Mail*

A man lies in a hospital burn ward, scarred and suffering. The only thing that keeps him from suicide are the love stories told him by a strange, but fascinating woman who wanders into his room one day and who insists that he knows her, that he has known her for some seven hundred years…

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SHOPPERS DRUG MART

The bestselling albums on Amazon.ca

1. All Hope Is Gone, Slipknot, left; **2.** Mamma Mia! soundtrack, Various Artists; **3.** Viva La Vida, Coldplay; **4.** The Block, New Kids On The Block; **5.** Fortune's Favour; Great Big Sea. METRO NEWS SERVICES

Music

Nat Jay learns to do it on her own

OnTheBeat

Rob McMahon
rob.mcmahon@metronews.ca

For a mellow singer-songwriter, Vancouver's Nat Jay has performed in some wild places.

For example, she recently sang at the Penthouse on Seymour Street, a site known more for its poles than its amps.

"The Penthouse is a great live venue — I did singalongs there on Sundays. It's a really nice stage, the room's always friendly, and they serve food," she said. "The only thing a bit creepy are the stiletto heel chairs at the back of the stage."

Jay's music — a batch of folk-inflected pop songs that feature vocals that sound like a less angry Alanis Morrisette — hardly fits a neon-lit strip club. After growing up in her parents' Okanagan music school, Jay studied classical flute and musical theory at the University of B.C., where a chronic wrist injury drove her switch to singing.

"I'm sure I'll put flute in my songs at some point … (but) it's hard to sing and play flute at the same time," she said, laughing. "I'm not a jazzy flute player either — I'm more of a Bach suite or Mozart player, so I'm not sure how it would fit. Maybe if go on to do more experimental stuff."

After working as a music journalist for publications like Discorder, Jay ended a post-graduation "yelling match" with her mom about future plans with "I just wanna sing." Her parents, both dedicated music lovers, immediately understood.

"I perform mostly by myself, though sometimes with a band … I'm used to relying on myself — I do everything, I'm self-managed — so it's cool to have other people there."
Nat Jay

Now having played at Vancouver's Folk Music Festival and recorded alongside Adaline and Hey Ocean!'s David Beckingham, Jay has since heard her music on the television show Men In Trees. And as her song On My Own notes, the self-managed musician has done it independently.

"I always felt more confident behind the scenes than on stage … (but) I realized the reason I was in the business stuff was because I wanted to be an artist," she said.

"(Now) I perform mostly by myself, though sometimes with a band … I'm used to relying on myself — I do everything, I'm self-managed — so it's cool to have other people there."

Nat Jay's album Lights Across the Sky was released Sept. 2. She plays the Media Club tonight.

Metallica reloads for fall, while U2 puts new disc on hold

SoundCheck

Alan Cross
alan@ongoinghistory.com

With Labour Day a memory and just 110 shopping days until Christmas, it's time to look at the fall album release schedule. Here's a sample of what we can expect for the do-or-die fourth quarter.

• **Metallica — Death Magnetic (Sept. 12):** After 15 years working with Canadian producer Bob Rock, Metallica hoped that studio guru Rick Rubin might get them out of a years-long creative funk. He told them the answer was to go back to what made them big in the 80s. Death Magnetic features lots of riffing, machine-gun drums and abrupt tempo and time signature changes. If you were into Master of Puppets-era 'Tallica, you'll be pleased. And just so they have all the attention to themselves, Metallica will release this album on a Friday instead of the industry-standard Tuesday.

• **Keane — Perfect Symmetry (Oct. 14):** Things looked dicey for Keane when singer Tom Chaplin had to spend some time in rehab, forcing the band to lose some of the momentum they had built with their first two albums. There's optimism that this new album will put things right. And what's this? An electric guitar on a Keane album?

• **Snow Patrol — A Hundred Million Suns (Oct. 28):** The favourite act of the stars of Grey's Anatomy are ready with a fifth studio album that comes with an interesting marketing twist. It was announced this week that Suns will be used in some kind of interactive application for Apple's iPhone and Touch. Users will be able to access all kinds of bonus content, including lyrics and artwork. If this works, expect other bands to follow.

• **Coldplay — Prospects March OR Prospects Song (Dec. 26):** Didn't we just get a Coldplay album? Apparently, there's more where that came from. There's a very strong possibility that we'll see an EP featuring Viva la Vida leftovers, including a Chris Martin/Kyle Minogue duet called "Luna."

• **U2 — No Line on the Horizon (Nov—Er, never mind . . .):** Apparently, there's been a delay. After much speculation that the album would be released on Nov. 14, Bono dropped a bomb Wednesday, saying that nothing will be ready until early 2009 — not even a sniff of the rumoured first single, Sexy Boots. Universal, their record label, can't be happy. This also can't be good news for the stock price of Vivendi, Universal's parent company.

Check my Music Geek blog for more on this fall's new releases.

Metallica, left, are taking the unusual step of releasing Death Magnetic on a Friday, while U2, above, have apparently delayed their upcoming album until early 2009.

Death Magnetic features lots of riffing, machine-gun drums and abrupt tempo and time signature changes.

The Ongoing History of New Music can be heard on stations across Canada. Read the daily Music Geek blog at ongoinghistory.com

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Highgate Village
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Lougheed Mall
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Lougheed Mall Kiosk
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Metropolis at Metrotown
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Metropolis
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Crystal Square
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Norgate Mall
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BURNABY

Brentwood Mall
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Capilano Mall
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VANCOUVER

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Gossip Girl casts potential love interest

John Patrick Amedori, left, has been cast as Aaron Rose, a potential love interest for Serena van der Woodsen (Blake Lively) on Gossip Girl, reports tvguide.com. In the novels, Rose is an artist with a penchant for philanthropy. METRO NEWS SERVICES

TV

Spears to open MTV Awards

Pop princess returns to VMAs but don't expect another performance

Britney Spears is to star at this year's MTV Video Music Awards, a year after a calamitous comeback performance at the same award ceremony. But this time the pop singer won't be performing.

Spears will be opening the 25th annual edition of the MTV VMAs on Sunday at Paramount Studios in Hollywood, according to MTV's website.

That means she will be on hand if she wins an award. Spears has garnered three nominations for the clip to her single Piece of Me — Best Female Video, Best Pop Video and Video of the Year.

"MTV has long played an important role in my career," Spears said in a statement. "How can I not be there to kick off their 25th VMAs? I'm excited to open the entire show, to say hi to my fans and to be nominated."

Exactly how she planned to open the show remained unclear. In previous appearances she has kissed Madonna and performed with a writhing snake.

Spears has yet to win an MTV Video Music Award, and her nominations this year are particularly tantalizing after her much-derided appearance in 2007, when she lip-synched her way through a dance number in an ill-fitting black bikini.

Coming off two marriages, two children and two stints in rehab, Spears sought to launch a career comeback on last year's show with a performance of the song Gimme More that proved a publicity bomb for her but a ratings boon for MTV.

But with Spears said to be cleaning up her act and back in the recording studio this summer, working on a new album, MTV has made the most of the suspense surrounding her possible return to the VMAs, refusing until Wednesday to say whether she might appear as a presenter or performer.

The MTV VMAs, long considered a hipper version of the Grammys, will be broadcast live on MTV on Sept. 7, hosted by British comedian Russell Brand.

In the Video of the Year category, Spears is competing against the Jonas Brothers' Burnin Up, Chris Brown's Forever, The Pussycat Dolls' When I Grow Up and Shut Up and Let Me Go by the Ting Tings. REUTERS

"MTV has long played an important role in my career... How can I not be there to kick off their 25th VMAs? I'm excited to open the entire show." Britney Spears

GETTY IMAGES

LEFT: Britney Spears, is set to open Sunday's 25th annual MTV VMAs, despite last year's bomb performance.

David Letterman.

Letterman feels remorse for McCain jokes

TELEVISION David Letterman is feeling a bit remorseful about poking fun at the advanced age of Republican presidential contender John McCain, telling Rolling Stone magazine that his McCain jokes are "not entirely fair."

Along with his late-night TV rivals, the 61-year-old comedian has had little difficulty dredging up old-fogey jokes about the Arizona senator, who turned 72 last week and would be the oldest man ever elected U.S. president.

"John McCain looks like the kinda guy who brags that his new denture adhesive allows him to eat corn on the cob," Letterman once said on his CBS talk show.

On another occasion, he said McCain "looks like the guy who has to be told to close his robe."

The CBS Late Show host said in a Rolling Stone cover story that McCain's age makes him an obvious target.

"Every time we have these jokes about him, I always think to myself, 'This is not entirely fair,'" Letterman said. REUTERS

Oprah throws party for Olympians

Welcome home soiree also pep rally for 2016 games

Talk show host Oprah Winfrey threw a rousing welcome home party for more than 150 U.S. Olympic medal winners Wednesday that was a salute to the athletes and a pep rally for efforts to bring the 2016 summer games to America.

Winfrey, whose program is seen 140 countries and boasts a weekly U.S. audience of 46 million, filled an open-air concert venue on Chicago's Lake Michigan waterfront with more than 4,000 people who jumped, shouted and cheered in swirling red, white and blue confetti as the medalists walked through the aisles and took the stage.

"Team USA, you want to make us all stand taller," she told the athletes at the end of the program, adding that she hoped they would have a chance to return to Chicago for the 2016 games, for which the city is bidding against Madrid, Rio de Janeiro and Tokyo.

Swimmer Michael Phelps, who came back from last month's games in Beijing with a record eight gold medals, told Winfrey his feat had not sunk in but "I need to get back home" to Maryland to see friends and his pet bulldog.

"One of the biggest things I want to do is is grow the sport of swimming," he added, noting that he has established a charitable foundation to promote the sport using the $1 million bonus he earned from the makers of Speedo swimwear.

Wednesday's show, which will air in syndication on Sept. 8, marked the start of Winfrey's 23rd season.

Another swimming star, silver medalist Dara Torres, told Winfrey she was not done with competitive swimming at age 41.

"I kind of want to keep going for a bit," she said, unlike past Olympic competitions after which, she said, she didn't want to go near the water again.

"When you're in the water the water doesn't know your age," she added. REUTERS

2016 venue

- The venue for the 2016 games will be announced in October next year. Phelps was scheduled to meet with Chicago community leaders later in the day to help provide support for the city's bid. REUTERS

Oprah welcomed home more than 150 U.S. Olympic medalists on her Wednesday show.

Kyle MacLachlan's family struggle

PREGNANCY Desperate Housewives star Kyle MacLachlan and his wife Desiree Gruber struggled to start a family — but refused to give up on their dream of having a child, imdb.com reports.

The 49-year-old star and Gruber, 41, welcomed baby Callum in July.

But the path to having a baby was fraught with complications after Gruber was diagnosed with thrombophilia, a condition which causes blood clots. And after a long struggle, the couple was overjoyed to finally conceive.

"Desiree had a couple of miscarriages so she was under a few specialists," MacLachlan says. "She had thrombophilia and had to give herself an injection of blood thinner every day. The journey to get her pregnant became an adventure." METRO NEWS SERVICE

In brief

REHAB MacKenzie Phillips has entered rehab, People.com reports her attorney Blair Berk as having confirmed. Phillips is seeking treatment following her arrest on Aug. 27 for alleged drug possession at Los Angeles International Airport.

She was found "carrying what appeared to be heroin and cocaine in baggies and balloons," airport police said. Since then, the former One Day at a Time star has been formally charged with two felonies as well as a misdemeanor charge.

LAWSUIT Rob Lowe's former nanny is appealing to a judge to reinstate several allegations in her sexual harassment lawsuit against the actor, despite previously claiming victory in the court ruling, imdb.com reports. The Brothers + Sisters star sued Jessica Gibson in April, claiming she tried to extort money out of him. METRO

Foster joins Simpsons cast

Actress Jodie Foster, right, is to voice an adult version of Maggie on an episode of the animated hit show The Simpsons, slated to air in early 2009, reports ew.com. **METRO NEWS SERVICES**

TV

Sink your teeth into True Blood

IntelleVision

Rick McGinnis
rick.mcginnis@metronews.ca

THEY DON'T DRINK ... WINE: HBO needs a hit, and it looks like they've got a lot riding on True Blood, which debuts this Sunday on the cable network in the states, and here in Canada on TMN. The series has been in production for a year, with a pilot and two episodes filmed before last winter's writers' strike, and an early version of the pilot was leaked onto file-sharing networks months ago.

> **"When someone at HBO first asked me what this was about I said it's about the terrors of intimacy."**
> Writer/director Alan Ball

Created by Alan Ball, the man behind Six Feet Under, and based on a series of novels by Charlaine Harris, it's the story of a small Louisiana town just after the revelation that vampires actually exist, and that they've decided to go public thanks to the invention of synthetic blood, which will theoretically make preying on humans unnecessary. It stars Anna Paquin — the latest movie star to shift her career to the small screen — as Sookie, a roadhouse waitress with some uncomfortable telepathic powers who falls in love with Bill (Stephen Moyer), a vampire who's decided to make the town his home.

Ball lets us know early on that the show is meant for an adult audience; the first scene features a handjob in a moving car, and within a few minutes we're treated to nudity that promises to be copious in future episodes, especially since almost everyone we meet acts with the obsessive sexual abandon of teenagers from the popular clique on summer break between high school and college.

"When someone at HBO first asked me what this was about I said it's about the terrors of intimacy," Ball said recently in an interview with the io9.com website, "and at the time I thought, 'Who knows what that means but it sounds good.' But over time I've really started to believe that this is the deeper meaning of the show."

On HBO's own website, Ball recalls that, during the pitch, he called the show "popcorn TV for smart people," and he's described the show as "really pulpy. It's total pulp." True Blood is a great example of what I call deep trash — the sort of subject matter that was once the province of B-films or worse, but which has been treated to big budgets and major stars in the last decade or so, and produced by writers like Ball who grew up with the avid subculture that once celebrated trash as a liberation from the humourlessness of taste and high culture.

It's the sort of show that nods knowingly to its audience by showing Bill Maher interviewing the very cool, inside-the-Beltway head of a vampire advocacy group, spoofs mass culture and consumer society (check out the viral marketing campaign HBO cooked up for Tru Blood, the vampire tipple) but delivers the sex and violence we expect from a story about vampires. As daytime soap operas are dying, their DNA has been transplanted into shows meant to excite critics and even inspire academic papers.

The big test for True Blood, of course, is whether audiences will bite. And yes, I feel deeply ashamed of that dead easy pun.

Rick McGinnis writes about music, movies, books and television, but not opera.

TORSTAR NEWS SERVICE FILE PHOTO

Sam Trammell and Anna Paquin star in the HBO vampire series True Blood, which debuts in Canada this Sunday on TMN.

Closer spinoff in the works at TNT

SPINOFF Hit cable drama The Closer is eyeing a spinoff.

The forces behind the TNT series, including creator/executive producer James Duff, are working on a spinoff of the cop drama, which stars Kyra Sedgwick as a deputy police chief who has a love-hate relationship with junk food.

It's unclear whether the untitled spinoff — referred to in industry circles as The Fixer — would focus on an existing Closer character or an altogether new one.

TNT confirmed that it has ordered a script for the spinoff but declined comment on other details.

REUTERS

New drama from Swingtown creator

NEW SERIES Mike Kelley, creator of Swingtown, a drama series about partner-swapping couples in 1970s suburbia, is developing BiCoastal, another hourlong show exploring relationships, marriage and sexuality.

The new show, which has been set up at Showtime, is part of a seven-figure two-year deal that Kelley has signed with CBS Paramount Network TV, the studio behind Swingtown.

BiCoastal centers on a successful man who struggles to balance family life with his wife and kids in Los Angeles as he falls in love with a man in New York.

REUTERS

FRIDAY

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/5/08 primetime	251	308	3 CBC	Coronation St.	Laughs	Air Farce Live	Comedy Fest.	MVP-Lives of Hockey Wives		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E News	The Insider	Are You Smarter Than a 5th Grader? (Season Premiere) (N)				20/20 (CC)		News (N)
	250	321	9 CTV	eTalk (CC)	Hollywood	Stand Up to Cancer (N) (CC)		Greek "Multiple Choice"		Law & Order (CC)		News (N)
	252	336	11 GTV	Entertainment	ET Canada	Stand Up to Cancer (N) (CC)		NUMB3RS	Old Christine	Swingtown (Season Finale) (N)		News (N)
	256	389	12 VI	Robson Arms	TMZ (N) (CC)	America's Next Top Model (Season Premiere) (CC)				Stargate SG-1 "Crusade"		News (CC)
	253	359	13 CITY	Law & Order: SVU		Stand Up to Cancer (N) (CC)		Secret Life of American Teen		Kaya (CC)	Most Amazing	Reviews
	-	-	14 CW	'70s Show	'70s Show	WWE Friday Night SmackDown! (N) (CC)				Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Stand Up to Cancer (N) (CC)		Fall Preview	Old Christine	Swingtown (Season Finale) (N)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	Stand Up to Cancer (N) (CC)		NFL Kickoff Special (N) (CC)		Dateline NBC (CC)		News (N)
	288	380	21 ABC	Wheel-Fortune	Jeopardy!	Stand Up to Cancer (N) (CC)		Funniest Home Videos		20/20 (CC)		News (N)
	290	382	23 FOX	Two/Half Men	Two/Half Men	Are You Smarter Than a 5th Grader? (Season Premiere) (N)				News (N)	IQ Weekly	Family Guy
news	502	390	25 NW	CBC News: the fifth estate		CBC News: The National (N)		CBC News: The National		CBC News: the fifth estate		National
	500	500	53 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	Sportsnet	MLB Baseball New York Yankees at Seattle Mariners. (Subject to Blackout)					Sportsnet Connected (Live)		Sportsnet
	400	400	50 TSN	CFL Football Calgary Stampeders at Edmonton Eskimos.				SportsCentre	Motoring 2008	Poker Night (Taped)		SportsCentre
family	552	543	23 YTV	She's the Man ★★ (2006) Amanda Bynes. Premiere. (CC)				(:15) The Next Star (CC)		(:15) Falcon Beach (CC)		Mystery Hnt.
	555	545	60 TEL	George	Bugs Bunny & Tweety Show		6teen (CC)	Total Drama	Futurama	Father	Chicken	Life's a Zoo
variety	268	354	5 KNO	Emily of New Moon (CC)		The Royal "Scabs" (CC)		Who Gets the Dog? (2009) Kevin Whately, Alison Steadman.				Golden Bridge
	575	583	20 CMT	Home Imp.	Home Imp.	Dedicated		Reba (CC)	Hope & Faith	Home Imp.	Home Imp.	Ed (CC)
	615	520	61 A&E	The Cleaner "House of Pain"		Criminal Minds (CC)		CSI: Miami "Broken Home"		CSI: Miami "A Grizzly Murder"		The Cleaner
	521	560	32 TLC	Dress	Reception	What Not to Wear (CC)		What Not to Wear "Jackie"		Dress	Reception	Who Wearing
	616	522	63 SHO	The Best Years "Vertigo"		The Guard "Waheguru" (CC)		Cock'd Gunns	Kenny-Spenny	Webdreams	Webdreams	Sin Cities
	294	650	67 TBS	(6:00) Failure to Launch ★★		Sex and-City	Sex and-City	Planes, Trains and Automobiles ★★★ (1987) Steve Martin.				Corrina, Cor.
	603	561	69 FN	Diner, Drive-In	Road Tasted	Dinner	Glutton	Iron Chef America (CC)		Tasty Travels	Food Safari	Diner, Drive-In
	320	621	30 CEN	(6:30) A Life Interrupted (CC)		American Gangster ★★★ (2007) Denzel Washington. Premiere.					Night of the Living Dead 3D	
	581	566	101 MTV	The Hills	The Hills	After	Cribs (CC)	Run's House	Exiled (CC)	The Hills	The Hills	Made (CC)

SATURDAY

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/6/08 primetime	251	308	3 CBC	2008 Paralympics		Equestrian BMO Financial Group Nations Cup. From Calgary.				News (CC)	The Bay of Love and Sorrows	
	255	358	6 JOY	E News	The Soup	D. Richards	Living Lohan	Dr. 90210 (CC)		Forbes Top 20 Young Royals		Guy Stuff
	250	321	9 CTV	eTalk Festival Party (CC)		The Man Who Lost Himself (2005) David James Elliott. (CC)				Comedy Now	Comedy Inc.	News (N)
	252	336	11 GTV	Andromeda (CC)		Andromeda (CC)		Andromeda "Totaled Recall"		Andromeda (CC)		News (N)
	256	389	12 VI	The Road to Avonlea		To Be Announced		Kool Countdown (CC)		Missing (CC) (DVS)		Bravo! Fact
	253	359	13 CITY	Survivorman (CC)		Role	Kaya (CC)	Artificial Lies ★★ (2000) Jack Wagner, Daphne Zuniga. (CC)				Role
	-	-	14 CW	CSI: Miami (CC)		King	King	Frasier (CC)	Frasier (CC)	CSI: Miami "Backstabbers"		Cold Case
	289	381	15 CBS	KIRO News Special (N) (CC)		Rambo III ★★ (1988, Action) Sylvester Stallone. (CC)				48 Hours Mystery (N) (CC)		News (N)
	287	379	16 NBC	Billy Graham Special (CC)		Chuck (CC)		Law & Order: Criminal Intent		Law & Order: Criminal Intent		News (N)
	288	380	21 ABC	NASCAR Racing: Sprint Cup			Whacked Out	Wheel-Fortune	Jeopardy!	Northern Exposure (CC)		KOMO 4 News
	290	382	23 FOX	Two/Half Men	Two/Half Men	Cops (CC)	Cops (N) (PA)	America's Most Wanted		News (N)	Scrubs (CC)	MADtv (CC)
news	502	390	25 NW	Paris Hilton Inc. (CC)		Sat. Report	Weekend	Sat. Report	Mansbridge	Paris Hilton Inc. (CC)		Sat. Report
	500	500	53 CNN	Newsroom		Special Investigations		Larry King Live		CNN Saturday Night		
sports	407	419	22 RSP	MLB Baseball New York Yankees at Seattle Mariners. From Safeco Field in Seattle. (Live)						Sportsnet Connected (Live)		Soccer
	400	400	50 TSN	NASCAR Racing: Sprint Cup				SportsCentre (Live) (CC)	U.S. Open Tennis Women's Final. (CC)			SportsCentre
family	552	543	23 YTV	Wolverine	Transformers	Naruto (CC)	Blue Dragon	Zatch Bell	Bleach (CC)	Storm Hawks	Dark Oracle	Mystery Hnt.
	555	545	60 TEL	George	Bugs Bunny & Tweety Show		6teen (CC)	Total Drama	Futurama	Blade ★★ (1998) Wesley Snipes. (CC)		
variety	268	354	5 KNO	National Geographic (CC)		Heartbeat (CC)		Midsomer Murders A blow from a Celtic spear. (CC)				Canterbury
	575	583	20 CMT	Hope & Faith	Hope & Faith	Grand Ole Opry Live		Reba (CC)	Reba (CC)	Hope & Faith	Hope & Faith	Best, Awards
	615	520	61 A&E	The Sopranos (CC)		The Sopranos "Join the Club"		Flight 93 ★★ (2006) Jeffrey Nordling, Ty Olsson. (CC)				The Sopranos
	521	560	32 TLC	Holmes on Homes (CC)		Flip House	Hope-Home	The Real Estate Pros (CC)		Holmes on Homes (CC)		Making Home
	616	522	63 SHO	About a Girl	Kink in Hair	Whispers and Lies (2008, Suspense) Melissa Joan Hart.				Anchorman: The Legend of Ron Burgundy		
	294	650	67 TBS	My Best Friend's Wedding ★★★ (1997) Julia Roberts. (CC)				The Perfect Man ★★ (2005) Hilary Duff, Chris Noth. (CC)				Groundhog
	603	561	69 FN	Top Chef "Restaurant Wars"		Ramsay's Kitchen Nightmares		Iron Chef America (CC)		Top Chef "Restaurant Wars"		Secret Life of
	320	621	30 CEN	(6:30) Bee Movie ★★ (2007)		Bee Movie ★★ (2007) Renée Zellweger (CC)			Awake ★ (2007)	Hayden Christensen. (CC)		The Grudge 2
	581	566	101 MTV	Canada's Next Top Model		MTV Presents	Cribs (CC)	MTV Shuffle (CC)		MTV Live	MTV News	After

SUNDAY

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/7/08 primetime	251	308	3 CBC	Heartland (CC)		Test the Nation: Canada, Eh? (N) (CC)				CBC News: Sunday Night (N)		Doc Zone
	255	358	6 JOY	Instant Beauty Pageant (CC)		Extreme Makeover: Home		Celebrity Rehab		Final 24 "Gianni Versace"		News (N)
	250	321	9 CTV	Canada's Walk of Fame (N) (CC)				Criminal Minds (CC)		Without a Trace (CC)		News (N)
	252	336	11 GTV	renegade	King of Hill	Big Brother 10 (N) (CC)		Family Guy	Family Guy	Family Guy	The Simpsons	News (N)
	256	389	12 VI	Funniest Home Videos		Gossip Girl (N) (CC)		Cold Case "Bad Reputation"		Mad Men (CC)		New Canoe
	253	359	13 CITY	Friends (CC)	Friends (CC)	Ghost World ★★★ (2001) Thora Birch, Scarlett Johansson. (CC)					Role	Role
	-	-	14 CW	One Tree Hill (CC)		America's Next Top Model (CC)				Seinfeld	Seinfeld	Without Trace
	289	381	15 CBS	60 Minutes (CC)		Big Brother 10 (N) (CC)		Cold Case "Bad Reputation"		Without a Trace (CC)		News (N)
	287	379	16 NBC	NFL Football: Bears at Colts			M. Holmgren	Dateline NBC (CC)		Law & Order: Criminal Intent		News (N)
	288	380	21 ABC	Funniest Home Videos		Extreme Makeover: Home		America United: In Support of Our Troops (N) (CC)				KOMO 4 News
	290	382	23 FOX	King of Hill	King of Hill	Hole in Wall	The Simpsons	Family Guy	Family Guy	News (N)	Q It Up Sports	Law/Ord SVU
news	502	390	25 NW	The Secret History of 9/11 (CC)				CBC News: Sunday Night		The Secret History of 9/11 (CC)		
	500	500	53 CNN	Newsroom		Special Investigations		Larry King Live		Newsroom		Investigations
sports	407	419	22 RSP	MLB Baseball: Phillies at Mets		Sportsnet Connected (Live)		The Ultimate Fighter		Sportsnet Connected (Live)		Jays
	400	400	50 TSN	NFL Football: Bears at Colts			SportsCentre (Live) (CC)	U.S. Open Tennis Men's Final. (CC)				SportsCentre
family	552	543	23 YTV	Spy Kids 3-D: Game Over		Prank Patrol	Prank Patrol	The Next Star "Giving Back"		Falcon Beach (CC)		Mystery Hnt.
	555	545	60 TEL	George	Fraggle Rock	The Raccoons	6teen (CC)	Total Drama	Futurama	Blade: Trinity ★★ (2004) Wesley Snipes. (CC)		
variety	268	354	5 KNO	National Geographic (CC)		Rosemary and Thyme (CC)		New Tricks "Powerhouse"		Canterbury Tales (CC)		Shinny
	575	583	20 CMT	Home Imp.	Home Imp.	The Witches of Eastwick ★★★ (1987, Fantasy) Jack Nicholson, Cher.					Home Imp.	Witches
	615	520	61 A&E	CSI: Miami "Inside Out"		The Cleaner (CC)		CSI: Miami "Dangerous Son"		CSI: Miami "Cyber-lebrity"		CSI: Miami
	521	560	32 TLC	Toddlers & Tiaras (N)		Dwarf Family: Meet Fooses		Painted Babies at 17		Toddlers & Tiaras		Dwarf
	616	522	63 SHO	The Guard "Waheguru" (CC)		Lies and Crimes (2007, Suspense) Estella Warren.				Weeds (CC)	Rescue Me	Kenny-Spenny
	294	650	67 TBS	Failure to Launch ★★ (2006) Matthew McConaughey. (CC)				Spanglish ★★★ (2004, Comedy-Drama) Adam Sandler, Téa Leoni. (CC)				
	603	561	69 FN	Jamie	Nigella	Road Grill	Grill	Iron Chef America (CC)		Jamie	Grill	Boy Grill
	320	621	30 CEN	(5:30) Norbit	Entourage (N)	True Blood "Strange Love"		30 Days of Night ★★ (2007, Horror) Josh Hartnett. (CC)				Bats: Human
	581	566	101 MTV	4REAL (CC)	4REAL (CC)	Made "Hockey Player" (CC)		Canada's Next Top Model		MTV Presents	Cribs (CC)	MTV Shuffle

Chefs For Life 2008!

The best of Vancouver and Whistler's culinary talent will join forces at Goldfish Pacific Kitchen (1118 Mainland St.) on Sept. 21, to create an extraordinary 12-course sit-down dinner, with vintage wines. Tickets are $325 to benefit the Vancouver Friends for Life Society. Call 604-782-1995 or visit friendsforlife.ca. METRO NEWS SERVICES

Urban Foodie

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Funky, cool Medina is oh, so sweet

ANYA LEVYKH
anya.levykh@metronews.ca

Medina Café
556 Beatty Street
Vancouver
604-879-3114
medinacafe.com

Signature Drink:
Macchiatto
Signature Drink:
Short Rib Fricasse
Rating: ●●●●●
Breakfast & Chai for 2:
$40

It's been nothing but liege waffles since Chambar owners Nico and Karri Shuermans partnered up with Robert Kane (their former server) to open Medina this past January. And, oh, they are tasty…

However, after many waffles for breakfast and lunch, I was beginning to tire and I guess the owners also had change in mind: A new breakfast and lunch menu was recently added. It's all Middle Eastern influences, hearty braises and steamed chai/latte/milk, perfect cool-weather noshing.

On the web

- Read the full article online at *metronews.ca/Vancouver/comment.*
- Chew more on Anya's blog at *metronews.typepad.com/urbanfoodie.*

First visit featured a sandwich ($15) over-stuffed with kurobuta pork, cheese and cherries between wide slabs of fruit and nut bread, sided by an endive, pecan and watercress salad. Some of the Belgian waffles ($3.15 each) with pistachio white chocolate topping ($1) were also yummy.

Second visit was breakfast. The fricasse ($15), a cast iron pan full of braised beef short ribs, roasted potatoes, caramelized onions, arugula, cheddar and two fried eggs is everything your mother warned you about. A tagine ($13) was drooly spicy tomato and red pepper stew topped with poached eggs, sundried back olives and merguez sausage. I won't get tired of this for a long while yet.

ANYA LEVYKH/FOR METRO VANCOUVER

Braised beef short ribs under poached eggs.

Bordeaux Countdown, Part 2

It's a little over a week until you can sample of the 2005 vintages I mentioned last column. This week's selection is slightly more pricey, but oh, so worth an investment for that really special occasion. Top pick, the 97-point Château Palmer, Margaux, around $499 (keep breathing). A large (40 per cent) Merlot content emphasizes aromas of incense, black currants and plums, with hardly a hint of oak thanks to its high concentration. Or, go with Champagne Paul Bara (non-vintage) Grand Rosé, around $54. Pink bubbles, what could be more celebratory?

Dining out

YOU SAY TOMATO...
Raincity Grill's 8th Annual Tomato Tasting Menu is back. Enjoy five courses for $70 ($98 with wine pairings) of tomato fondue with roasted chicken, tomato terrine with Sloping Hills pork, tomato tea with hazelnut puree and much more. 1193 Denman St. Call 604-685-7337 or visit raincitygrill.com.

CHEESE CLASS
Les Amis du Fromage (1752 West 2 Ave.) will hold offer Cheese & Wine 101 on Sept. 10 at 7 p.m. Explore the basics about types, textures and flavours, and learn how to care for and serve fine cheeses. It comes to $65 per person. Call 604-732-4218 or visit buycheese.com for more information.

In brief

NO MORE LUCK for OThai. Owner/chef Luck Sarabhayavanija has severed ties with his restaurant, OThai, due to apparent differences in vision with the other investors. The restaurant will be "re-branded" (aka. killed off à la Feenies) in the near future.

GOLDIE'S LOUNGE (605 West Pender St.) is now open for pizza/tapas/martinis. Stay tuned for my review...

ADVERTISING FEATURE

Senhor Rooster
Restaurante Portuguese

Come and enjoy the intimate, casual dining atmosphere while savouring our famous Flame Grilled Cornish Game Hen or Jumbo Sardines (a Portuguese tradition).

At Senhor Rooster, you will experience the flavourful tastes of the Portuguese cuisine as prepared by Chef Daniel. He has been cultivating his culinary skills all around the world including learning from his mother in Angola, graduating from Escola Hotelaria de Lisboa, then at the Ritz Hotel in Lisbon, Portugal and finally at various restaurants in Vancouver including Il Giardino.

Stay for the live music on Fridays and Saturdays or simply order ahead of time and pick up an order to go! We are also open for lunch, have a large patio and underground parking.

Featured Menu Items

Tiger prawns sautéed in piri-piri sauce	$11.95
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Edwards returning to ER

Original ER castmember Anthony Edwards, who played Dr. Mark Greene on the medical hit for eight years, has signed on to reprise his role for a one-episode guest stint during November sweeps. **E! NEWS ONLINE**

Metro's 7th Heaven: What's hot right now

1 Shenae Grimes
Canadian actress Shenae Grimes has taken another leap in her career, from Degrassi: The Next Generation, to a starring role on 90210., which debuted Tuesday.

2 The Last Lecture, by Randy Pausch
Lecturer Randy Pausch, who recently died of cancer, puts his lessons on life into a book for those who would like reading.

3 Heroes: Season 2
The four-disc DVD box set of this hit show's second season features featurettes, a peek at Season 3, audio comments with cast and crew, and more.

4 The Script
Already garnering major air play in its native Ireland, Dublin band The Script is sure to making some noise this side of the Atlantic soon. Single We Cry is available on iTunes.

5 Slouchy beanie hats
Slouchy beanie hat are forecast to top — and turn — heads into winter. Why not? They're the perfect toppers for bad-hair days and look mighty cute, too.

6 America's Next Top Model
First full-figured Whitney Thompson wins the reality TV competition, now a transgender contestant is battling to be on top in this season.

7 Bath and Body Works
U.S. chain store Bath and Body Works is finally bringing its beauty and personal-care products to Canada. Online shopping at www.bathandbodyworks.com.

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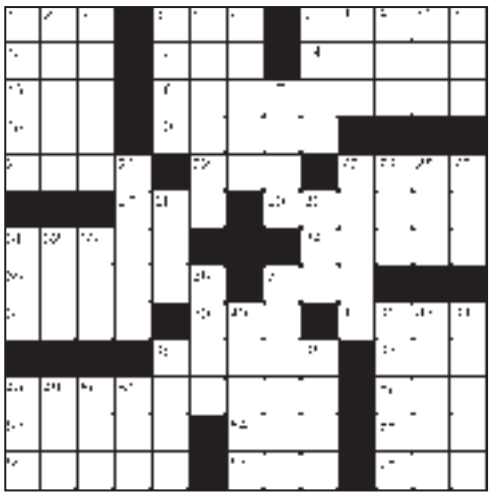
Peanuts animator dies
Bill Melendez, the animator who voiced Snoopy's howls and sighs and was responsible for bringing A Charlie Brown Christmas and dozens of other Peanuts specials to the small screen, died Tuesday in Santa Monica, Calif., according to his publicist. He was 91, reports E! News Online. METRO

Take Five



Crossword down

1 Spectrum creator
2 Boredom
3 Fades away
4 Colo. Spgs. grp.
5 Approach the curb
6 Slander
7 Wonka creator
8 Carte lead-in
9 Actor Kilmer
10 Lemieux milieu
11 The air up there
17 Sign: ped —
21 1-to-10, often
23 Type of prize
24 Mess up
25 Early bird?
26 Retainer
28 Is multiplied?
30 Id counterpart
31 Recede
32 Rotation duration
33 "Skedaddle!"
36 Boo Boo's mentor
37 Record jacket
40 Less healthy
42 Phantom's bailiwick
43 Islamic Bible
44 Square-dance group
45 Inauguration recitation
46 Turned blue?
48 Dark brown-gray
49 Blood-typing letters
50 Neither mate
51 Not "dis"

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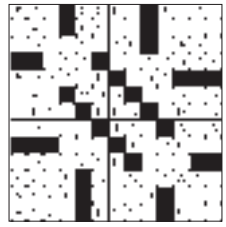
Crossword across

1 Church seat
4 Boom times
7 "Jezebel" Oscar winner
12 Genetics abbr.
13 Total
14 "Oh, woe!"
15 Tourists' haven
16 "Roots" author
18 Seek restitution
19 Swing around madly
20 "— Congeniality"
22 Coffee-shop vessel
23 Complaint
27 Upper limit
29 First name of 35-Across
31 Mystery writer's award
34 Be a glutton
35 "It's a Wonderful Life" hero
37 Weep loudly
38 IT measure
39 Lubricate
41 Symbol of servitude
45 Looked lecherously
47 Luau bowlful
48 "When My Baby Smiles at Me" star
52 Work unit
53 WWII sub
54 Leading lady?
55 "Go, team!"
56 Top of the world?
57 Roulette bet
58 Pismire

previous day's answer



Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
You'll scold a lover who has a change of heart. A hasty conclusion will cause discomfort. Don't blame anyone for your own mistakes.

TAURUS
APRIL 21-MAY 21
An incompetent power player will give up. Promises will go down the drain due to sad obligations. Pay attention to built up tension.

GEMINI
MAY 22-JUNE 21
You'll guarantee the survival of the fittest. You need to use tact with an opponent. Say farewell to those who stay behind in misery.

CANCER
JUNE 22-JULY 22
The discussion of impulsive deeds will benefit you. An accurate statement will make trouble. A spendthrift who is in denial won't pay attention.

LEO
JULY 23-AUG 23
An overexcited male will be suspiciously successful. Someone will miss the point of a discussion. Profound emotions will rise to the surface.

VIRGO
AUG 24-SEPT 22
The desire arises to abandon a momentous decision. A social event will have an unexpected bonus. A misunderstanding will lead to adventures.

LIBRA
SEPT 23-OCT 23
A reality check will alienate others. A charming friend wants to hear further revelations. Don't be misled by stolen moments of bliss.

SCORPIO
OCT 24- NOV 22
A delayed visit will create strain between friends. Distress can be reduced by following your dreams. Logic will be used to upset a gullible person.

SAGITTARIUS
NOV 23- DEC 21
Something in your voice ties others up in knots. A newcomer leads to romantic interest. Step lightly over the reasons for misery.

CAPRICORN
DEC 22-JAN 20
Someone despairs about a pivotal scheme. A new rule creates an excellent state of affairs. A female convinces an ally to remain firm.

AQUARIUS
JAN 21-FEB 18
A romantic man will open your eyes. Bickering will be an outlet for frozen feelings. A joyful friend lives up to your ideals.

PISCES
FEB 19-MAR 20
Your anxiety will be relieved by powerful people. Strengthen your bonds by being sincere. Someone is afraid of your reaction.

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Sudoku

5	9			4		3		2
		7						5
8					7		9	
		2	5		9			
6				7				8
			2		8	6		
	7		6					3
9						5		
3		1		9			2	4

HOW TO PLAY SUDOKU:
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

4	7	6	8	3	9	5	2	1
3	2	9	1	4	5	7	6	8
5	8	1	7	2	6	9	4	3
8	5	2	3	1	4	6	7	9
1	6	4	9	8	7	3	5	2
7	9	3	5	6	2	8	1	4
6	4	7	2	9	3	1	8	5
2	3	8	6	5	1	4	9	7
9	1	5	4	7	8	2	3	6

SUDOKU SOLVE TIME IN MINUTES:

Under 13. . . . . Genius
13-17 . . . . . Scholar
17-21. . . . . Smart
21-25. . . . . Not bad
25+ . . . . . Keep practising

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Vancouver weather

Afternoon	Tonight	Saturday	Sunday	Monday
Variable. 18°	Clear. Low 12°	Sunny. 19°/13°	Sunny. 21°/14°	Partly cloudy. 19°/12°

The Weather Network theweathernetwork.com

Temperature
Normals
High: 20.3°
Low: 11.5°

Records
High: 28.9°/1973
Low: 6.7°/1947

Sunrise: 6:35 a.m.
Sunset: 7:45 p.m.
Moonrise: 1:41 p.m.
Moonset: 9:41 p.m.

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'Baby' is really five pounds

Desperate Housewives star Eva Longoria Parker has once again been forced to deny she is pregnant, attributing her "bump" to five pounds she gained over the summer. IMDB.COM

Celebrity Buzz

Anne spent thousands on ex-boyfriend

RELATIONSHIPS Anne Hathaway broke off her relationship with businessman Rafaello Follieri just hours before his arrest on charges of wire fraud and money laundering, according to a report in the October issue of Vanity Fair.

"You were the love of my life," the actress told Follieri by phone on June 23, according to a friend who heard the conversation, Vanity Fair reports. "I'll always love you. You know that, baby." Later that day, Follieri was arrested and accused by federal prosecutors of defrauding investors of millions of dollars through claims he had connections with the Vatican.

The article also reports that Hathaway, 25, paid the 30-year-old Follieri's $37,000 US monthly rent for his duplex in Manhattan's posh Olympic Towers for four months, People.com reports.

Hathaway's father, Jerry, had a private investigator check out Follieri three years ago, the story claims.

Follieri is now awaiting trial at the Metropolitan Correctional Center in New York City, unable to pay his $21-million bail.

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Jessica puts acting on hold

PEOPLE Jessica Simpson has no plans to return to acting anytime soon, female-first.co.uk reports.

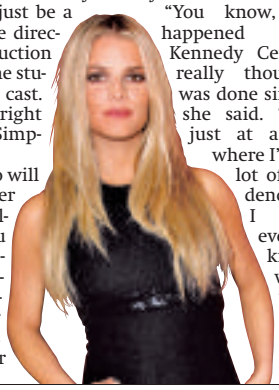
The singer, who starred as Daisy Duke in the movie The Dukes of Hazzard and has since appeared in films including Blonde Ambition and Employee of the Month, admits she has lost her appetite for the industry following the lack of interest in her latest movie ventures.

"I'm not closing that chapter of my life by any means," she said. "But I am all about the music right now. When it comes to acting, it's got to feel right for me at this point in my life. It's got to just be a really incredible director and production with an awesome studio and great cast. But for me right now, Jessica Simpson is music."

Simpson, who will soon release her debut country album Do You Know, also revealed she began to lose confidence in her vocal talents following her shambolic performance of Dolly Parton's 9 To 5.

"You know, what happened at Kennedy Center, I really thought I was done singing," she said. "I was just at a place where I'd lost a lot of confidence and I didn't even know who I was."

METRO NEWS SERVICES



Sienna may move out of Britain

PEOPLE Actress Sienna Miller has decided to move away from Britain, following a barrage of negative press over her relationship with actor Balthazar Getty, imdb.com reports.

Miller hit the headlines after pictures emerged of her frolicking with the father-of-four, who recently left his wife, on a yacht off Italy's Amalfi coast in July.

She has since faced setbacks, including an attack on her London home in which the word "slut" was sprayed onto brickwork.

And now her stepmother, Kelly Hoppen, insists the star plans to move abroad to escape the media spotlight.

"It's disgusting that she cannot live in her own country," Hoppen says. "Why is it that if a man leaves his wife the new woman gets all the s–t? That doesn't happen the other way round."

But Hoppen insists Miller is not letting the negative stories upset her.

"We try not to read the papers anymore," she says. "She's actually doing fine. In fact she is great. But we've only read one positive article about her ever."

METRO NEWS SERVICES

celebrity brief

My fashion business is doing just fine: Victoria

FASHION Former Spice Girls star Victoria Beckham has denied her recent fashion ventures have been a disappointment, insisting her Dvb brand is "going from strength to strength," imdb.com reports.

Beckham has been at the centre of rumours that her label was in crisis after she announced her new range of dresses would not be shown on the catwalk at the upcoming New York Fashion Week, but in small private viewings.

The singer's Dvb denim range also came under fire earlier this year after Los Angeles boutique Kitson dropped the brand, citing poor sales and a lack of promotional activity from the star.

But Beckham is adamant her fashion business is doing well.

"Career-wise, the opportunities and success I've had this year are outstanding," she says. "My brand's going from strength to strength."

METRO NEWS SERVICES

celebrity brief

Daniel refuses to kiss and tell

SEX Harry Potter star Daniel Radcliffe is refusing to name the woman he lost his virginity to at 16, because she was much older than him, imdb.com reports.

The actor, now 19, makes the big reveal about his first time in a new Details magazine interview — but he's not revealing who the woman was.

Radcliffe insists the age difference "wasn't ridiculous," but "it would freak some people out."

METRO NEWS SERVICES

celebrity brief

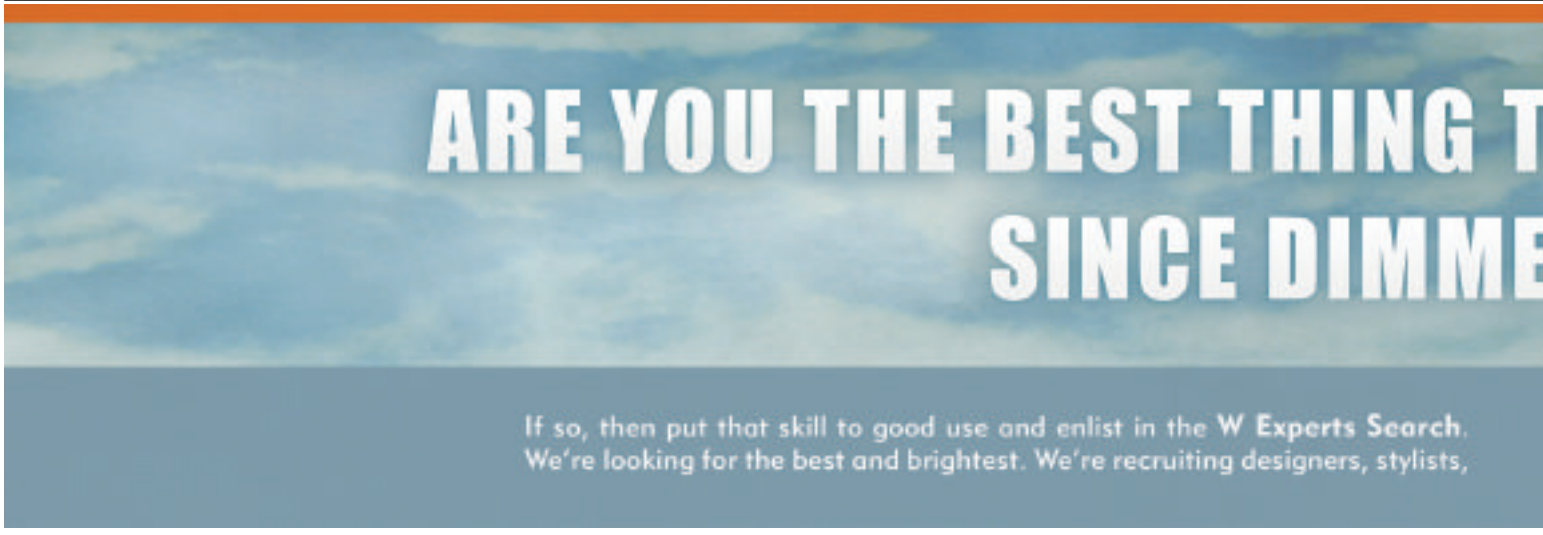
David's a daddy — DNA says so

PEOPLE A baby girl born last week to former Playboy Playmate Jillian Grace is funnyman David Spade's biological daughter, his publicist has confirmed.

"David and Jillian have been in close contact throughout her pregnancy and he plans to go see the baby during his first break from shooting Rules of Engagement," publicist Meredith O'Sullivan told People.

The baby was born Aug. 26 in Missouri.

METRO NEWS SERVICES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Jessica's not pregnant, either
Actress Jessica Biel has put the kibbosh on reports she is expecting her first child with her boyfriend, singer Justin Timberlake. "The reports are false," she says. IMDB.COM

Celebrity Buzz

Spears sends Palin present

PEOPLE Actress Jamie Lynn Spears wants Bristol Palin to know she's not alone in the unwed teen mom spotlight, so she's sent a care package of fancy embroidered burp cloths to the 17-year-old pregnant daughter of Alaska Gov. Sarah Palin, the New York Daily News reports.

"Dear Bristol: Hang in there!!!!! XXOO," the card from Spears read, underscoring the challenges she, too, has faced.

The younger sister to singer Britney Spears, Jamie Lynn, 17, gave birth to Maddie Briann Aldridge in June and is engaged to boyfriend Casey Aldridge, just as Bristol Palin is set to wed her baby's father, Levi Johnston.

Spears' gift is being sent to the Alaska state capital, a spokesman for Petit Tresor, the West Hollywood shop that took the order told the Daily News.

METRO NEWS SERVICES

celebrity brief

Courtney splashes out for Frances

PARTY Courtney Love spent about $300,000 US on her daughter's birthday party, femalefist.co.uk reports.

The singer/actress spared no expense in ushering Frances Bean into young womanhood at her "RIP childhood" themed 16th birthday party at Los Angeles' House of Blues restaurant recently.

METRO NEWS SERVICES

Jennie reveals daughter's illness

PEOPLE Jennie Garth may be reprising her role as the stylish Kelly Taylor on the new 90210, but earlier this year, looks were the last thing on her mind, People.com reports.

"I had this six months of hell," the actress says. "I had a sick daughter and then my father passed away, so there was a six-month period in my life when I didn't think about my looks or my weight or my body or anything."

Fresh off her stint on Dancing With The Stars — and toned from months of eight-hour-a-day dance practices — Garth suddenly faced every mother's worst nightmare. Her five-year-old daughter Lola, "got very sick and we didn't know what was wrong with her," says Garth, who has three girls with husband Peter Facinelli.

"I didn't exercise or eat healthy," she adds. "I definitely gained inches and a size."

Finally, doctors were able to diagnose her daughter's ailment.

"It turned out to be a form of JRA (Juvenile Rheumatoid Arthritis) and we treated her and it's in remission," says Garth. "It was tough, but she's better now."

METRO NEWS SERVICES

Pregnant J. Lo let hubby take over

FAMILY Jennifer Lopez says she was "selfish" for the first time in her life while she was pregnant with twins Max and Emme, who are now six months old, People.com reports.

Midway through her pregnancy, Lopez had just finished her concert tour with husband Marc Anthony last fall when she told him she needed him to take the reins, she tells Elle magazine in its October issue cover story.

"I said, 'I did the superwoman thing, I finished the tour — now I need you to take care of me,' " said Lopez, 39.

"'I love doing things for you; if I'm not cooking, then I'm picking out a shirt. But this is the first time in my life where I'm just going to be a little bit selfish,'" she told Anthony. "'I don't know if I'm going to have kids again, so I want it to be a beautiful experience. I don't want to have any drama. I want to just be smiling every day.'"

METRO NEWS SERVICES

Top Model host also top earner

PEOPLE Tyra Banks is the top-earning woman on TV, femalefirst.co.uk reports.

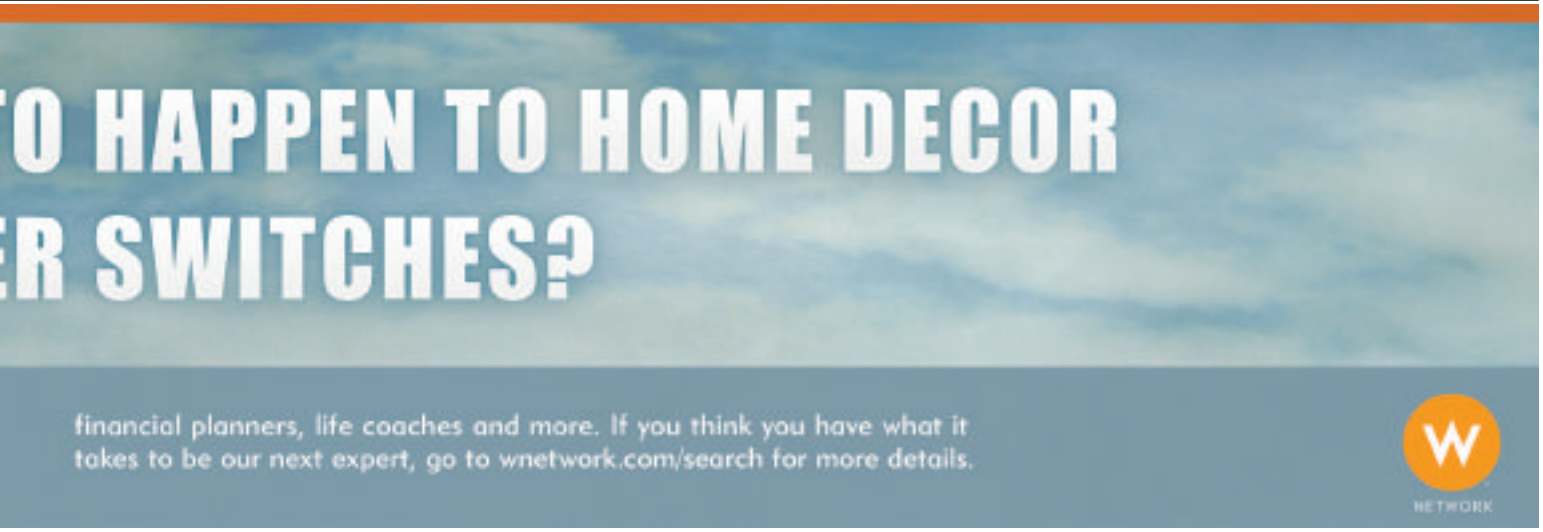
The former supermodel, who hosts two hit shows, raked in $23 million US between June 2007 and June 2008, according to a new list by Forbes.com.

Banks is the creator of the talk show The Tyra Banks Show and America's Next Top Model, on which she is also a producer and judge.

Last year, Banks signed a ldeal with Warner Bros., which will involve her launching Stylista, a new reality show set around a magazine.

Banks is also developing a straight-to-DVD series based on Clique, a popular series of best-selling books for teenagers.

METRO NEWS SERVICES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Woodgrove Centre

VICTORIA
Bay Centre
Hillside Shopping Centre
Mayfair Shopping Centre
Westshore Town Centre

Also available at these participating retailers:

CAMPBELL RIVER
Pure Wireless

COURTENAY
Pure Wireless

DUNCAN
VI Cellular

MISSION
Valley Toys Ltd

WHISTLER
WSC Communications

WIRELESSWAVE

Offer ends Sept. 30, 2008. Available with valid student card. Available with compatible devices within Bell Mobility high speed mobile network coverage areas. Weeknights Mon-Thur, 9pm-7am; Weekends Fri 9pm-Mon 7am. Other monthly fees, i.e., e9-1-1 (75¢), system access (not a government fee) ($8.95), and one-time device activation ($35) apply. Long distance and roaming charges (including foreign taxes) may apply outside your local area. With data use, charges apply if you do not subscribe to a data plan or unlimited Mobile Browser and fees may apply for features, content and roaming when outside your local area. Mobile Browser does not include use of your device as a modem to connect to the Internet from your computer; additional per kilobyte data charges apply. Upon early termination, price adjustment charges apply. Subject to change without notice; not combinable with other offers. Taxes extra. Other conditions apply. **(1)** With new activation on a 3-yr. contract term. **(2)** Applies to local calls and text messages to and from ten designated numbers. Received messages include local, international, roaming and service related messages from Bell and exclude premium, alerts and dial-up messages. Sent messages include local messages and exclude international, roaming, alerts, premium messages and messages sent with an instant messaging application. **(3)** Simultaneous use of airtime. **(4)** Applies to long distance calls made from and to Canada, in Bell Mobility and its partners' coverage area. Research In Motion, the RIM logo, BlackBerry, the BlackBerry logo and SureType are registered with the U.S. Patent and Trademark Office and may be pending or registered in other countries - these and other marks of Research In Motion Limited are used under license.